News from the President

Timothy Moran
Johns Hopkins University

As we approach our 10th year as a chartered scientific society, SSIB, despite some growing pains, is well established and poised to embark on some new enterprises. Our membership exceeds 550 including over 60 students. Our annual meeting held in August in the Canadian Rockies at the Banff Centre was a tremendous success. Through the work of conference organizer Henry Koopmans and program co-chairs Sue and Bob Ritter, we had an excellent scientific program, lively discussions and many opportunities for collegial interactions, all in a beautiful setting. We honored Professor Yutaka Oomura as our Distinguished Career Award Recipient. Through the generosity of our corporate sponsors and member contributions, we were able to provide travel awards to 15 students to attend and present their work at the conference. Our calendar for future meetings is set with plans in place for Baltimore in 1997, Pecs, Hungary in conjunction with ICPFFI in 1998, and Gainesville for 1999. SSIB is developing plans for a meeting in France in the year 2000.

Following the banquet on the final evening of the Banff meeting, we were treated to a revival of the SSIB show organized by Ellen Ladenheim and Randy Seeley. The program provided much laughter and once again demonstrated the varied talents of our members and their families. Randy Seeley’s report on the “SSIB elections campaign” using candid photographs of many of our members from past meetings was hilarious and should serve as a lesson to us all to watch what we do in public.

During the last year under the leadership of Bart Hoebel, our society has begun a number of new and important initiatives indicative of our growth and maturity. We have established a Science Advocacy Committee, chaired by David Ramsay to promote activities which increase the public awareness of the importance of research in ingestive behavior in public and private groups that support research, as well as in the public at large. This committee will explore interactions with other scientific societies to give us a voice in advocating for improved research funding, and involvement with relevant health related organizations and advocacy groups that inform and educate the public. During the coming year, we are planning to have society members meet with officials at NIH and with Congressional Representatives and Senators to inform them about the research contributions of our members and advocate for additional funding for ingestive research.

We have also established a European SSIB Steering Committee under Steve Cooper to explore...
ways in which the society can better serve the needs of our European members in facilitating local forums and collaborations, and advocating for ingestion-related funding within the European community. Steve’s committee will be getting back to the Board with specific recommendations.

As well as continuing these initiatives, I would like to try during the current year to have the Society do a better job of serving its various constituencies as well as broaden its base of active participation among the members. I will be attempting to appoint people to various SSIB committees who have not played an active role in the Society in the past. I welcome any volunteers. I would also like suggestions on ways in which the Society can better respond to your interests and meet your needs. As you will see in the announcements for the SSIB Meeting in Baltimore in 1997, we are particularly interested in soliciting from our members suggestions for symposium research topics that are novel or have been underrepresented in the past. We are also soliciting nominations for our Distinguished Career Award to be given out at the meeting.

Enclosed with this issue:

- A membership application. Please use it to recruit colleagues and new students! You can also ask Dr. Kissileff to send applications to individuals.
- A nominations form, for Officers and Board members. If you’re interested in serving, don’t hesitate to nominate yourself!
- A brochure describing the new American Obesity Association. The SSIB Board of Directors decided to distribute the brochure to introduce members to this organization, an advocacy group our Society can assist.

SSIB 1997 Annual Meeting

The fourth independent meeting of the Society for the Study of Ingestive Behavior will take place at the Homewood Campus of the Johns Hopkins University in Baltimore, Maryland, USA, from Wednesday, July 16 (evening) until Sunday July 20, 1997 (noon). Meals and housing will be available in renovated, air-conditioned accommodations at university-owned housing adjacent to the campus. In addition, alternate private housing arrangements may be made with two nearby inns at preferred rates.

Announcements including abstract forms, meeting registration forms, hotel reservation forms, and other related information will be mailed out to the membership at the beginning of 1997. DEADLINE FOR RECEIPT OF ABSTRACTS WILL BE MARCH 15, 1997. Updated information regarding the meeting and the program will be posted on the World Wide Web at the SSIB site (http://www.psy.jhu.edu/~gsj/SSIB.html), and will appear in SSIBlings and on the INGEST list server.

The Local Program Committee is currently soliciting ideas for symposia at this upcoming meeting. In particular, we would like to include topics that have not been represented in previous SSIB meetings. Please address suggestions regarding symposia AS SOON AS POSSIBLE to the local organizer:

Gary J. Schwartz, Ph.D.
Johns Hopkins University
720 Rutland Ave., Ross Room 618
Baltimore, MD 21205 USA

gjs@welchlink.welch.jhu.edu
Fax 410-614-0013

SSIB Distinguished Career Award

Nominations are sought for candidates for the 1997 SSIB Distinguished Career Award to be given at the annual SSIB meeting in Baltimore in July 1997. Criteria for the award are:

1. The nominee must have made career-long, substantial contributions to the understanding of the controls of ingestive behavior.
2. The nominee must be officially retired (but may still be an active investigator).

Past Award Recipients are:
John Brobeck, 1992
Jacques Le Magnen, 1993
Theodore Van Itallie, 1994
Yutaka Oomura, 1996

Send nominations to:
Dr. Timothy H. Moran
Department of Psychiatry
Johns Hopkins University
School of Medicine
Ross 618
720 Rutland Ave.
Baltimore, MD 21205 USA
EuroSSIB Conceived in Banff
Steve Cooper

A relaxing vacation spot is often recommended if an offspring is desired. Banff fitted the bill; the surrounding mountains were majestic, the weather fitted the height of summer, and the conference atmosphere was amiable and relaxing. The learned doctors of the Board were told of an earnest desire for progeny, nodded sagely, and gave their advice and approval for the conception of EuroSSIB. They will return to their labs and offices to await, with gathering interest and expectation, the promised birth.

The Board approved the formation of a steering committee, charged with bringing a set of proposals to the next Board meeting. This group comprises David Booth (outgoing Board member), Stelios Nicolaïdis and Steve Cooper (Europeans who are current Board members), and Joel Kaplan, who has special responsibility for encouraging international participation. Its main job will be to propose the method for electing a European committee (which will report to the main Board), and to define its aims and responsibilities. It will consult with European members before submitting proposals to the Board.

The steering committee welcomes comment, suggestions, advice or queries from all the SSIB membership. We hope to bring into being a SSIB offspring of which the communal parents can be proud.

Member's calendar
September 9, 1996—Dues notices were mailed.
Contact Dr. Kissileff if you did not receive one.
October 15—Dues payments due. Please be prompt!
November 20—SSIB social at Society for Neuroscience meeting
December 20—Nominations close.
January 1, 1997—Members will be dropped from SSIB for nonpayment of dues
March 15—Abstracts due for 1997 Annual meeting
March 20—Registration for dinner and title submission for spring meeting with Eastern Psychological Association (EPA)
March 28—Ballots for election of officers and Board members due
April 10-12—Spring meeting with EPA, Washington, D.C.
July 16-20—Annual Meeting, Baltimore

SSIBlings is printed on recycled paper.

Banff & SSIB—1996

An open letter to: Bart Hoebel, Henry Koopmans, Sue and Bob Ritter, the SSIB board, and SSIB members

From: Harry R. Kissileff, SSIB Executive Officer

The Banff meeting was the culmination of years of dreaming and remembering. It wasn’t just the scenery, although it was superb. It wasn’t only the science, although it was masterful. It wasn’t merely the opportunities for informal discussion, although they were productive. It was the spirit of the meeting and the organization behind it that I want to acknowledge with gratitude. For Henry, Bart, and Tom who worried about the finances, and Bob and Sue who had the onerous task of assembling the program, it was probably a relief to be finished with the meeting. I’m sure, though, that as the weeks and months go by, the problems will fade and what will linger is the spirit of scientific fellowship that is the legacy of Alan Epstein and Eliot Stellar, my academic father and grandfather, respectively. Would that they could have been there.

The 1996 SSIB meeting was not just another meeting, but the highlight of a great scientific year. The 1995-1996 year was a good year for SSIB in other ways besides the meeting. For the first time SSIB is moving from being an organization that mainly holds meetings and distributes a newsletter to an organization which will build the field of ingestive behavior into an integrated cross-disciplinary effort. Its members’ research on basic behavioral mechanisms will help to solve societal problems that involve malfunctions not only in individuals but in communities, industries, and nations. SSIB is also moving to retain its position as an international organization with roots in the US and branches around the world. As we move through our 10th year (we were incorporated 3/30/87), which will culminate with a 10th anniversary celebration in Baltimore, I hope the spirit that was born in Seattle, in 1986, will persist and bring us grand meetings in Pécs, Gainesville, France, and beyond.

1996 SSIB Banff Meeting

PROGRAM/ABSTRACT BOOKS AVAILABLE

Abstract Books are available for a limited time for $5.00 (includes 1st class postage in the US and printed matter rate overseas).

Send check and address by November 1, 1996 to:
SSIB, Box I/Dr. Harry R. Kissileff
St. Luke’s-Roosevelt Hospital Center
1111 Amsterdam Ave.
New York, N.Y. 10025 USA
Highlights of the Annual Board and Business Meetings
Carol Maggio, Secretary

President Bart Hoebel chaired the latest meeting of the Board of Directors on August 22 at the Banff Center. After announcing the election results, President Hoebel welcomed new Board members Steve Cooper, Sandra Frankmann, Dorothy Getten and Gary Schwartz. The Board voted to adopt a new procedure for selection of Distinguished Career Award recipients. Recommendations will be solicited from the membership through SSIBlings. Final selection will be made by a committee consisting of the past and current presidents and the president-elect.

New Board member Steve Cooper outlined his proposal for a European division of SSIB. This "EuroSSIB" would provide European members with more input to the Board, assist with meeting planning and help to increase membership recruitment. Upon David Booth's motion, the Board voted to establish a committee to investigate the feasibility of creating a European division.

Treasurer Thom Castonguay presented a detailed finance report. The portion of the Society's reserve, which is invested in a money market account and three certificates of deposit, continues to accrue better than average interest. The Society has received $4,920.00 in corporate dues and $1,260.00 in member donations. Final reconciliation of the current budget awaits the outcome of the Banff meeting. A balanced budget was projected for 1997.

Secretary Carol Maggio reported that the membership total is 558. This includes 478 regular, 63 student, 12 associate and 5 emeritus members. New additions since January include nine student and six regular members. However, 23 members have not paid 1995 dues and 67 members have not paid 1996 dues.

The recent meeting of the Long-Range Planning Committee (LRPC) was summarized by its chair, Tony Sclafani. The LRPC recommended that the Society hold its 1998 meeting in Pécs, Hungary. The Board has already approved Gainesville, Florida as the 1999 meeting site and discussions are underway concerning a 2000 meeting in France. The LRPC thus recommended that the Board call for future meeting proposals beyond the year 2000. The LRPC next recommended that the Board set up a subcommittee to advise it on the future structure and function of the Society. The formation of a committee to guide expansion of the Society's presence on the Web was also suggested. Finally, the LRPC proposed that the Board take action to insure the financial soundness of future meetings.

President Hoebel acknowledged Karen Ackoff's superlative efforts in editing SSIBlings and asked her to continue. Karen agreed to edit SSIBlings until a suitable replacement is found. President Hoebel noted the report on guidelines for talking to the media, which was prepared by Eric Corp of the Press Relations Committee. He then mentioned that Jan Hamilton has expressed interest in serving as a source of information on nutritional issues. She has met with Michael Meguid who would like to make SSIB a cooperating society of the journal Nutrition, which he edits. President Hoebel also noted that several SSIB members have become involved in the Shape Up! America project, which is headed by Barbara Moore.

The issue of E-mail voting by the Board has been investigated by a committee headed by President-Elect Tim Moran. This ability should facilitate the discussion of issues and allow the Board to take action between meetings. The Board voted to approve E-mail voting.

At the close of the meeting, Tim Moran acknowledged Bart Hoebel as the Society's most active president. After receiving a round of applause, Bart in turn acknowledged the contributions of the Board and Executive Officer.

The Annual Business meeting was held on August 24 following the Banff meeting banquet. About 150 members attended. President Bart Hoebel summarized the proceedings of the Board meeting. He then noted the corporate sponsors of the scientific meeting and its associated short course on molecular biology, which was organized by Joe Vasselli.

Secretary Carol Maggio reported on membership statistics and announced the initiation of a new membership recruitment drive. (Please give the membership application, enclosed with this issue, to a colleague—our growth as a society depends on membership involvement!) Members were urged to pay their dues on time. Treasurer Thom Castonguay presented his finance report. Despite losses incurred through a recent meeting, a balanced budget is projected and the Society remains financially sound.

President Hoebel reviewed the current activities of the Society's many committees. Individuals involved in these committees were acknowledged and applauded by the membership. President Hoebel then announced that the next year's scientific meeting will be held in Baltimore on July 16-20. Gary Schwartz will be the local organizer and Tim Moran will be the program chair. The Society's next scientific meeting will be held in Pécs, Hungary on July 5-8, 1998, as an official satellite of the ICPFFI. László Lénárd will serve as the local organizer and Art Campfield will represent the IUPS.
Successful Molecular Biology Short Course in Calgary

This year, in conjunction with the Annual Meeting at Banff, SSIB offered a short course on molecular biological techniques for ingestive behavior scientists. The course was given at the Village Park Inn in Calgary, and at the University of Calgary, prior to the main meeting, and was attended by 28 students. Five instructors described molecular biological techniques currently in use in their laboratories, and how these techniques can be applied to specific problems in ingestive behavior. A representative of Life Technologies, Inc., also attended the course and provided demonstration equipment and literature for the group.

The format of the course, which included an informal dinner and lunch, permitted a great deal of interaction between participants, and valuable feedback to the staff. Several students expressed an interest in future short courses in this or related areas. The five instructors participating were Streamson Chua, Rockefeller University, Tom Houpt, Bourne Behavioral Laboratory at Cornell-Westchester, Nancy Rawson, Monell Chemical Senses Center, Randall Sakai, University of Pennsylvania, and Danielle Reed, University of Pennsylvania.

The course was organized by Joe Vasselli, Obesity Research Center, NYC, and local arrangements were made by Henry Koopmans, University of Calgary. Industry support for the course was generously provided by Amgen, Inc., Bristol Myers-Squibb Co., Life Technologies, Inc., and Wyeth-Ayerst Laboratories.

Joe Vasselli

1996 Young Investigator Awards

SSIB congratulates these pre- and post-doctoral trainees on receiving Young Investigator Awards for their participation in the SSIB Annual Meeting in Banff. It's always encouraging to see the depth and variety of the work conducted by our more junior members!

Susan M. Aja (Univ of California, Davis; Dorothy Gietzen) The infralimbic cortex and serotonin-3 receptors in anorectic responses to a threonine imbalanced diet.

H. Moore Arnold (Duke Univ; W.G. Hall) Acquisition of dehydration-induced appetitive behavior in rats.

Anthony Azzara (Brooklyn College of CUNY; Anthony Sclafani) The maltose paradox revisited: Rats prefer the taste of sucrose but the postigestive effects of maltose.

Carrie Lynn Bivens (Univ of Calif, Santa Barbara; D.H. Olster) Discrete arcuate nucleus lesions decrease food intake and body weight while potentiating sexual behaviors in obese Zucker female rats.

Susan R. Crystal (Univ Washington; Ilene Bernstein) Infant salt preference and mother's morning sickness.

Caroline Gosselin (Laval Univ; Michel Cabanac) Adrenalectomy lowers the body weight set-point in rats.

Hong Ji (Monell Chemical Senses Center; Mark Friedman) 2,5-anhydro-D-mannitol decreases hepatocyte ATP content and energy charge in vitro: Effect of dietary fat.

Lisa Kelly (Pennington Biomedical Research Center; David York) (2 papers) Capsaicin-treated rats overconsume a novel high fat diet, but only on initial exposure. 24 hour urine norepinephrine levels do not predict macronutrient preference.

Frank Koegler (Washington State Univ; Sue Ritter) Galanin terminals in the nucleus of the solitary tract are associated with neurons not expressing fos after mercaptacetate treatment.

Erika D. Kustra (McMaster Univ; Harvey Weingarten) Neither central oxytocin nor the PVN mediate colitis-induced anorexia in rats.

Stacy Markison (Univ of Florida; Alan Spector and Dorothy Gietzen) Adult rats fed a lysine-deficient diet do not increase lysine intake.

Wendy Foulds Mathes (Tufts Univ; Robin Kanarek) Macronutrient effects on intracerebroventricular morphine induced analgesia.

Nancy Morrow (UCLA; Don Novin and Paula Geiselman) Activity-stress and thermoregulation.

Robert Phillips (Purdue Univ; Terry Powley) Gastric volume rather than nutrient content inhibits food intake.

Jonathan Roth (Univ of Florida; Neil Rowland) Nitric oxide attenuates furosemide-induced sodium appetite.

October 1996
British Feeding and Drinking Group

This report is adapted from the information Martin Yeomans provided to SSIB.
The BFDG is a very informal group, and although Martin Yeomans maintained a membership list and started the bimannual newsletter, there is no formal post of chair. The current editor of the newsletter is Suzanne Higgins at Durham, and she also controls the BFDG email bulletin board and manages the BFDG Web site (http://www.dur.ac.uk/~dps1sh/bfdg.html).

THE COLUMBIA UNIVERSITY SEMINAR ON APPETITIVE BEHAVIOR
Scheduled speakers for the academic year 1996-1997
All meetings are on Thursday evenings

September 5, 1996 — Leann Birch
Learning and experience impact on the controls of food intake in childhood

October 3, 1996 — Wolfgang Langhans
The anorectic effect of bacterial cell wall compounds — mechanisms and clinical implications

November 7, 1996 — Barry Levin
How the brain senses glucose

December 5, 1996 — Karen Teff
Activation of the parasympathetic nervous system in response to food ingestion: Role of glucose metabolism and obesity

January 23, 1997 — Timothy H. Moran
Satiety actions of CCK

February 6, 1997 — David Blizzard
Gene mapping of ingestive behaviors

March 6, 1997 — Gerard P. Smith
Eating and the zeitgeist

April 3, 1997 — Nori Geary
Interaction of estradiol and post-prandial satiety signals

May 1, 1997 — Albert J. Stunkard
Development of infants at high risk for obesity

June 5, 1997 — Judith S. Stern
Obesity and aging in obese Zucker rats: Focus on renal disease

In addition, on the afternoon of March 6, 1997 we will have a 25th Anniversary symposium featuring reviews of progress in our field over the past quarter century by Jules Hirsch, A. J. Stunkard, Bartley G. Hoebel, George Collier, Anthony Sclafani and others.

For further information contact Dr. Harry R. Kissileff, St. Luke's/Roosevelt Hospital, 1111 Amsterdam Ave., New York, NY 10025.

To receive announcements of meetings and summaries of the seminars, send the one line message “SUB APS” to Harry R. Kissileff at: hrk2@columbia.edu.


The group meets annually in late March/early April, and the 1996 meeting was held in Durham and organized by Suzanne Higgins. Attendance was about 50 people; previous meetings have attracted 70-80 participants. The main invited speaker was Jack Davis, who reviewed his work on microstructure as part of a special session on Licks. The rest of the meeting was its usual mixture of psychopharmacology through food choice and eating disorders to health policy. The small size of the meeting did not detract from the quality of papers or discussions, and the meeting was generally a useful place to exchange recent ideas and data.

The 1997 meeting will be held in Dundee, Scotland April 7-8, with Marion Hetherington and Marie Reid as co-organizers.

SSIB membership among BFDG attendees is increasing, and is likely to increase substantially should Steve Cooper’s proposal for a separate EuroSSIB division come to fruition.

SSIB on the World Wide Web

The SSIB home page URL is http://www.psy.jhu.edu/~gjs/ssib.html

These instructions are from Paul Kulkosky:
To add a link to SSIB from one’s home page, the following can be inserted on a HTML document such as a home page:

<CENTER><H1>Favorite Link</H1>
<HR>
<H2><A HREF="http://www.psy.jhu.edu/~gjs/ssib.html">Society for the Study of Ingestive Behavior</A></H2>
<HR></CENTER>

The only essential part is the portion in boldface. The rest controls spacing and type sizing, etc.

A sampling of URLs for other societies and sites:
The Society for Neuroscience http://www.sfn.org/
The British Feeding and Drinking Group http://www.dur.ac.uk/~dps1sh/bfdg.html
BFDG newsletter, links to other societies.
The Federation of American Societies for Experimental Biology (FASEB) (many useful links).
http://www.faseb.org/
The International Behavioral Neuroscience Society http://www.utsa.edu/Academics/COSAE/LifeSciences/IBNS

APStracts: the abstracts of papers accepted for publication in the American Journal of Physiology,
http://oac.hsc.uth.tmc.edu/APStracts/
Nutrition—Jan Hamilton, Chair

The recently formed Nutrition Committee was created to provide an information source for the membership and assist in nutrition-related projects of other committees. For example, chairperson Jan Hamilton and her committee met with the Science Advocacy Committee (chaired by David Ramsay) at the SSIB meeting in Banff. They will join forces in procuring research funding for ingestive behavior in the US by discovering new approaches to communicate with congressmen and senators. They are also producing an announcement for the journal Nutrition, edited by Dr. Michael Meguid, to promote awareness of SSIB and solicit new members.

The committee welcomes your input. Contact Jan Hamilton, Ph.D., R.D., 3240 Prospect St., Center for Food and Nutrition, Georgetown University, Washington, D.C. 20007, USA. Tel 202-965-6400, fax 202-965-6444 or tel 806-296-7953, fax 806-293-7733, e-mail jhamilton@texasonline.net

Press Relations—Eric Corp, Chair

The American Psychological Association (APA) and the International Committee of Medical Journal Editors (ICMJE) are among the organizations that have published guidelines on the release of scientific information to public media. The APA makes many helpful suggestions which will be reviewed in subsequent reports. The present report addresses the requirements cited by the ICMJE in their publication, “Report on the Uniform Requirements for Manuscripts”. Although the ICMJE is particularly concerned about issues relating to copyright, their guidelines are quite specific and basic and offer some ethical and practical standards for relating scientific information to the public media and scientific communities. Listed below is a distilled and augmented summary of the ICMJE guidelines.

1. Scientific results should not be released to public media prior to peer review and acceptance for publication. Press reports of meetings are the only exception to this regulation but such reports should not be supplemented with additional data, figures or illustrations.

2. Preliminary release to the public media of scientific findings reviewed and accepted for publication is inadvisable except under unusual circumstances. Many journals have an explicit policy against preliminary release. It is advisable, therefore, that authors have the agreement of the journal editors before a preliminary release is made. One circumstance which may warrant preliminary release is to warn the public of a health hazard. Aside from copyright considerations, preliminary release does not give the scientific community access to the source material prior to circulation in the popular press. This would be a serious handicap to colleagues who are approached by representatives of the press asking for comment on a “scientific finding”. Educated comment is impossible without access to the actual scientific report. In short, dissemination of scientific information to the public media should follow appearance of the report in a refereed scientific journal.

Increasingly, the public and press are showing an interest in scientific information. This increased public interest may provide an opportunity for scientists to 1) educate the public, and 2) gain support from the public for government funding of basic science research. SSIB members should be aware of the potential value in disseminating scientific information through public media. At the same time, members should exercise appropriate caution and restraint in their dealings with the press. Adoption by the SSIB of specific guidelines such as those summarized above are recommended as an aid to SSIB members.

Education—Barbara J. Moore, Chair

The SSIB Education Committee members are Karen Ackroff, Charles Billington, Nancy Rawson and Gary Schwartz. The Committee benefited from a new member, Theresa Spiegel, who read about the project we focussed on this past year, and offered to help.

The committee met in cyberspace throughout the past year and agreed to review and critique the “Nutrition and Fitness” curriculum prepared last fall by Shape Up America! at the request of the Koop Institute at Dartmouth College in Hanover, NH. The Koop Institute has launched a pilot program whereby first and second year medical students go into classrooms (Kindergarten through grade 12) to teach health. The goal is to teach the students as well as classroom teachers. My goal is even broader—to teach the medical students, especially since Dartmouth, like the majority of medical schools in the US, does not offer nutrition as part of its regular curriculum.

Ten weeks of the health curriculum taught by the medical students is devoted to topics related to nutrition and fitness and it was on this segment of the curriculum that the SSIB Education Committee concentrated, paying particular attention to the content that relates to food intake, energy balance, obesity, and, to some extent, issues that relate to eating disorders. Examples of the latter include body image and the fact that healthy bodies come in a variety of shapes. An effort was made to encourage the enjoyment of food, but to help increase an understanding of the regulation of food intake and how it relates to energy balance and the regulation of body weight.

I am awaiting notification that the changes we suggested have indeed been added to the curriculum materials being prepared for this fall. When the changes have been made, copies of the revised materials will be sent to committee members.

October 1996
Book Review


Have you ever wondered what a group of international experts would say if they were closeted for a week and forced to produce a report about the recent progress, current state, and scientific problems posed by the regulation of body weight? If you have, this is the book for you. It is the report of a Dahlem Workshop held in Berlin in May 1995. These workshops are unique. Discussion replaces the usual lectures or formal presentations. "The overall goal of a workshop is not necessarily to reach a consensus, but rather to identify gaps in knowledge, to find new ways of approaching controversial issues, and to define priorities for future research" (p.vii). This goal is facilitated by the circulation of background papers before the meeting and the necessity of producing a written report by the end of the week that summarizes the ideas and opinions of the group and their recommendations for future research.

The book begins with an intelligent introduction by the editors and co-chairmen, Bouchard and Bray. The other 17 chapters consist of the background papers and reports of the four discussion groups. The topics of these discussion groups provide the best summary of what you will read here:

- The first group evaluated animal and human models. The second group discussed the bio-behavioral determinants of body weight. The third group reviewed the metabolic and physiological mechanisms. The fourth group discussed the application of the tools of molecular biology and genetics.

The writing is unusually clear and effective throughout—a remarkable achievement in a book with so many authors. Furthermore, all of the authors pass the Smith Test—they know the difference between the plausible and the proven.

The book is not only full of current facts, interesting opinions, and trenchant criticisms, but it has been carefully produced. I found no typographical errors, the subject index works, the print is clear, and figures and tables are inserted at appropriate places in the text. Even the photographs of the members of the four discussion groups are reproduced well. (Looking at these photographs reminded me that good science is not strongly correlated with physical or sartorial splendor).

I congratulate the editors and publisher for making this very useful book available in such a timely fashion. The book is must reading for all interested scientists and a necessary acquisition for all scientific libraries. It will be particularly helpful to postdoctoral persons and newcomers from other disciplines because it is the best summary I have seen of the enduring problems and growing edges of our field.

G.P. Smith

New Books! 📚📚📚

SSIB will obtain review copies of these books. Please contact Karen Ackoff if you are interested in reviewing a book for the newsletter.

Food Choice, Acceptance and Consumption (1996)
H.L. Meiselman and H.J.H. MacFie, eds.

- From the publishers' brochure: "Written for food technologists and marketeers, the book is also an essential reference for...the economic, social and psychologi-cal aspects of the subject."

Contents: The role of the human senses in food acceptance (Armand V. Cardello); The socio-cultural context of eating and food choice (Paul Rozin); What animal research tells us about human eating (Harry R. Kissileff, Janet L. Guss and Laurence J. Nolan); The development of children's eating habits (Leann L. Birch, Jennifer Orlet Fisher and Karen Grimm-Thomas); What does abnormal eating tell us about normal eating? (C. Peter Herman and Janet Polivy); The contextual basis for food acceptance, food choice and food intake: the food, the situation and the individual (H.L. Meiselman); Marketing and consumer behaviour with respect to foods (Hans C.M. van'Trijff and Matthew T.G. Meulenberg); Economic influences on food choice — non-convenience versus convenience food consumption (Jens Bonke); Food choice, mood and mental performance: some examples and some mechanisms (Peter J. Rogers); Attitudes and beliefs in food habits (Richard Shepherd and Monique M. Raats); and Dietary change: changing patterns of eating (David A.T. Southgate).


Social aspects of obesity (1995)
Igor de Garine and Nancy J. Pollack, eds.

Volume 1 in the Culture and Ecology of Food and Nutrition series. From the publisher's brochure: "This collection of essays examines obesity not as an objective medical or psychological problem, but as a subjective social and cultural phenomenon. The contributors take a cross-cultural perspective, examining both the negative casting of obesity in developed countries and the traditional view of obesity as a positive characteristic in subsistence societies, which is threatened by the dominance of Western culture. This book helps Western leaders to understand better the deeper implications of their culture's obsession with thinness and "health", and abhorrence of fat, as well as the influences of this..."
cultural judgment on other societies.”

“A wide ranging look at some of the key influences on human food choice.” Over 30 chapters on appetite and sensory processes, sociological and psychological influences, consumer trends, mass media influences, school nutrition education and food industry roles. Order from Professor T. Worsley, Department of Community medicine, University of Adelaide, Adelaide 5005, South Australia. Fax +61 8 2334075, e-mail tworsley@medicine.adelaide.edu.au. $30 Aus; outside Australia, add $15 for postage and handling.

American Obesity Association
A new advocacy organization, the American Obesity Association, was founded this year to provide information about obesity research and treatment and promote government, health care and insurance recognition of the disease. Leadership of the AOA includes a number of SSIB members, including its president Richard Atkinson, vice-president Judy Stern, and many members of its advisory council. Included with this issue of SSIBlings is an AOA brochure describing its agenda of advocacy and education. Their newsletter, the AOA Report, will be issued quarterly. The first issue carried reports from Dr. Atkinson, former US Surgeon General C. Everett Koop, and Barbara Moore, president of Shape Up, America!, as well as articles about sustainable exercise programs and the assistance available to citizens’ groups seeking changes in government funding for obesity research. The fledgling organization will appreciate the support of anyone interested in solving the significant health problems associated with the disease.

Positions available

Postdoctoral Research Fellowships
The Department of Psychiatry, Cornell University Medical College, invites applicants for an NIMH-sponsored, multidisciplinary behavioral neuroscience program in the regulation of food intake and body weight. Two positions are available immediately. Research may center on genetic, molecular, neurochemical, developmental, or behavioral topics. Fellowships are usually awarded for two years. Stipends are competitive. Applicants must be US citizens; women and minority members are encouraged to apply. Send letters of interest to Dr. James Gibbs, Bourne Laboratory, Cornell Medical Center, White Plains, New York 10605. Fax 914-682-3793.

Biopsychology
The Department of Psychology at Wayne State University seeks to fill a new tenure-track position in Biopsychology, effective Fall 1997. This appointment is intended to be at the rank of Assistant Professor, but exceptional applicants for more senior positions will also be considered. The successful candidate is expected to teach two courses per semester, one of which should be in Learning. In addition, he/she is expected to establish a nationally-recognized, funded research program. Applicants with expertise in any domain of Biopsychology research will be considered, although those who employ modern neuroscience and/or molecular biology techniques are particularly encouraged to apply. Interested individuals should send a cover letter describing their teaching and research interests, an up-to-date CV, copies of recent publications and arrange to have three letters of recommendation forwarded to: Chair, Biopsychology Search, Department of Psychology, Wayne State University, 71 West Warren Avenue, Detroit, MI 48202 USA. Applications will be accepted until December 1, 1996 or until the position is filled. Interested applicants are encouraged to apply immediately. Wayne State University is an Affirmative Action/Equal Opportunity Employer. Therefore, we strongly encourage qualified minority and/or female candidates to apply.

Physiological Psychology
Wabash College seeks a Visiting Assistant Professor committed to excellent undergraduate teaching to serve as a sabbatical replacement for the Spring, 1997 semester (classes begin January 15). This person will teach one section each of General Psychology, Physiological Psychology (no lab), and a seminar in his or her major area of interest. A Ph.D. and teaching experience are preferred. Some funds are available for conference travel. Applicants should send a CV, three letters of recommendation, and a letter describing areas of interest and expertise by November 4 to Carl Thompson, Chair, Department of Psychology, Wabash College, PO Box 352, Crawfordsville IN 47933 USA. Wabash College, a liberal arts college for men, encourages applications from women and minorities. E.O.E.

Postdoctoral or Research Associate
A postdoctoral or research associate position is available immediately for a person with experience in measuring the release of monoamines from sites in the brain of unanesthetized rats by microdialysis using HPLC and electrochemical detection. Applicants should contact Gerard P. Smith, Bourne Laboratory, Cornell University Medical College. (Fax: 914 682-3793, e-mail: gpsmith@med.cornell.edu).

October 1996
Calendar:

The Society for Neuroscience holds its annual meeting November 16-21 in Washington, D.C., USA. Sarah Leibowitz has organized a SSIB social at the Society for Neuroscience meeting on Wednesday, November 20, 1996, 5:30-7:30pm. It will include brief presentations by Allen Levine and Tony Sclafani on the specificity of macronutrient intake, followed by an open discussion.

In addition, members of SSIB are invited to attend the AChemS social, “Chemical Senses: Taste and Smell” which has been given the same time slot as our social (Wed Nov 20, 5:30—7:30 pm). If we’re lucky, they will be in adjacent rooms! The IBNS social is Tuesday evening in the same time slot.

Other 1996 meetings:

The annual meeting of the North American Association for the Study of Obesity will be held October 12-15 in Breckenridge, Colorado, USA. For information, contact Barbara McMurry, tel 303 270-4084, fax 303 270-3273, e-mail barbara.mcmurry@uchsc.edu

The American College of Nutrition’s annual meeting will be held October 11-13 in San Francisco, California, USA.

The New York Academy of Sciences and the International Life Sciences Institute, North America will sponsor the conference on Nutritional Implications of Macronutrient Substitutes, October 27-29, 1996 at the Crystal City Gateway Marriott in Arlington, Virginia. Co-chairs are G. Harvey Anderson, Univ. Toronto, Barbara J. Rolls, Penn State, and Daniel Steffen, Kraft Foods, White Plains, New York. Registration and program details can be obtained from the New York Academy of Sciences, Science and Technology Meetings, 2 East 63rd Street, New York, NY 10021. Tel 212 838-0230, x324 or 800 843-6927, x324. e-mail: conference@nyas.org

1997 meetings:

The European Winter Conference on Brain Research will be held March 8-15, 1997 at Arc 2000, France (on the ski slopes!). The scientific program is being finalized now; this meeting’s priority is interdisciplinary communication, with a broad range from molecular neurobiology to clinical neuropsychiatry. For information, contact Stylianos Nicolaïdis, CNRS Lab. de Neurobiologie des Régulations, Collège de France, 11, place Marcelin Berthelot, 75231 Paris Cedex 05, France. Tel 33 01 44 27 14 01 Fax 33 01 44.27.14.12

The British Feeding and Drinking Group annual meeting will take place in Dundee, Scotland on April 7-8, 1997. Marion Hetherington and Marie Reid will be organizing this meeting and any enquiries should be directed to Marion (m.m.hetherington@dundee.ac.uk). For any golf enthusiasts, Dundee is a mere 11 miles from the old course at St. Andrews!!

The Experimental Biology meeting will be held April 6-9, 1997 in New Orleans. The abstract deadline is December 2, 1996. For more information, write to Experimental Biology ‘97, 9650 Rockville Pike, Bethesda, MD 20814 USA. Tel 301 530-7010, fax 301 530-7014, e-mail eb@ns1.faseb.org or visit the web site at http://www.faseb.org/meetings/eb/eb97ad.htm

The Eastern Psychological Association will hold its annual meeting April 10-12, 1997 in Washington, D.C. As always, SSIB supports EPA, its maternal meeting, with the traditional dinner and 5-min talk session. Details will appear in the next issue of SSIBlings. In addition, SSIB members are invited to support the main meeting by submitting proposals for symposia as well as short papers and posters (see story on page 11). The abstract deadline is November 4, 1996.

The sixth annual meeting of the International Behavioral Neuroscience Society (IBNS) will be held in San Diego on April 24-27, 1997. Information about the meeting, membership requirements, and the deadline for submission of abstracts can be obtained from Marianne Van Wagner at the IBNS Central Office. (Fax: 210 458-4510, e-mail: editoff@lonestar.utexas.edu).

The Sixth Food Choice Conference will be held June 25-27, 1997 at the Swedish University of Agricultural Sciences in Uppsala, Sweden. The Annual Intercontinental Food Choice Series meets in association with a variety of international groups, sponsoring reports of research by symposia, workshops and short communications. Topics of discussion are the cognitive, cultural, economic, physiological and sensory determinants of food and drink selection and consequences for health and other benefits to consumers. For scientific information, contact Ulla-Kaisa Koivisto Hursti, Uppsala University/Center for Caring Sciences, Glunten, S-751 83 Uppsala, Sweden. Fax +46 18 18 34 90, e-mail Ulla-Kaisa.Koivisto @ccs.uu.se. For practical information, including registration, transportation, lodging, etc., contact the Conference Secretariat: SLU Conference Service, Swedish University of Agricultural Services, PO Box 7059, S-750 07 Uppsala, Sweden. Tel +46 18 67 10 03, fax +46 18 67 35 30, e-mail conference@slu.se.

SSIBlings
Review: Annual Meeting of IBNS

The International Behavioral Neuroscience Society held its fifth annual meeting in Cancun, Mexico on May 2-5, 1996. The science was good, the setting was beautiful, and the hotel was comfortable.

The 190 scientists of all ages and many countries enjoyed the conflict-free, single-session format of 66 oral presentations, 128 posters, and three symposia. SSIB was well represented by a keynote presentation by Bart Hoebel and by a symposium entitled Hunger and Satiety, organized by Tom Scott and featuring Greg Mark, Ed Rolls, Art Campfield, and László Lénárd. Another symposium organized by Jackie Crawley was a knockout. It was a critical review of the behavioral analysis and interpretation of targeted-mutations and transgenic mice.

The IBNS is a scholarly resource waiting to be used by members of SSIB. If you are interested in learning more about the Society, contact me or come to a reception at the Neuroscience meeting from 5:30-7:30 P.M. on Tuesday, November 19.

The next meeting of IBNS will be held in the Hyatt Islandia Hotel on San Diego's Mission Bay on April 24-27, 1997. It is a point of family pride for SSIB that one of its members will be President of IBNS at this meeting. Information about the meeting, membership requirements, and the deadline for submission of abstracts can be obtained from Marianne Van Wagner at the IBNS Central Office. (See calendar, page 10).

G.P. Smith

1997 SSIB meeting: Baltimore, Maryland, USA
July 16-20. See story on page 2.

EPA in Washington, D.C. in 1997

Suzanne Sunday

Eastern Psychological Association will hold its annual meeting at the Washington D.C. Sheraton Hotel, April 10-13, 1997. Many SSIB members and their students have presented at EPA; in fact, the idea of SSIB itself grew out of our EPA dinner/5 min. talk group. If you haven't been to EPA, you may not know that it's a nice meeting, especially for students. It remains one of the last places where graduate and undergraduate students can give oral presentations. The EPA Program Committee appreciates the continued support from SSIB and will continue to go out of their way to give us as many symposia as we would like in the time slots we choose. It also gives us the opportunity to talk with people outside of the digestive behavior field since animal behaviorists, developmental psychologists, clinicians, etc. attend EPA and often attend our presentations (especially if they have broader appeal). In addition to the talks and symposia at EPA, we will have our traditional SSIB dinner and talks, an event which is always enjoyable! By planning ahead and submitting several SSIB symposia, we can make attending EPA even better.

The deadline for submission of symposia, papers, and posters is November 4, 1996. The submission process has been simplified. For the Short Abstract, on the top half of a sheet of white paper with 1-inch margins with a font of 14 or more: type the TITLE (in caps on the first line), authors (and affiliations), and for symposia the title of each author's individual talk. Type an abstract of no more than 75 words for papers and posters and 200 words for symposia. On the bottom half of this sheet, type contact info for the primary author: address, phone, fax, e-mail, type of submission (paper, poster, either, symposium). For the Long Abstract, write a 3-5 page summary. Send 2 copies each of the Short and Long Abstracts and 2 self-addressed stamped U.S. envelopes to Dr. Gary Brosvic, Executive Officer, Eastern Psychological Association, Dept. of Psychology, Rider Univ., 2083 Lawrenceville Rd., Lawrenceville, NJ 08648-3099 (tel 609 895-5357, fax 609 895-5782). If you're not a member of EPA you'll need to list a sponsor. Many SSIB members are also EPA members; if you need a sponsor, contact me at 914 997-5974 or sunday@rs1.med.cornell.edu. Hope to see you at EPA!
From the editor’s desk

As the perceived “information manager” of SSIB, I frequently get questions about the INGEST list. Unfortunately, I don’t manage the list (Harry Kissileff oversees it), so I often can’t help directly. Some recent problems may have been due to changes in the Columbia University computer system, but the situation seems to be stable now. Here is a summary of the main information you need to use the mailing list.

There are two e-mail addresses associated with the list; one is for sending messages to all the subscribers, and the other is for administrative matters.

—The “list address”:

Ingrese@cuvmb.columbia.edu
Send a message to everyone currently on the list by mailing it here. Listserv makes copies for all the people who have subscribed. Please don’t send any commands (such as unsubscribing or changing options) to that address, as it would be distributed to all the people who have subscribed.

—The “LISTSERV address”:

Listserv@cuvmb.columbia.edu
Send all administrative commands here, formatted as separate lines in the body of the message because they are handled automatically by the server. These are some useful commands:
SUB INGEST to subscribe. You will be placed on the list within a few days.
UNSUB INGEST or SIGNOFF INGEST to unsubscribe (leave the list). Please use this when your e-mail address is about to change.
SET INGEST REPRO to receive a copy of the messages you send to the list.
QUERY INGEST to obtain more information about subscription options.
REVIEW for a list of the e-mail addresses and names of all the subscribers.
SET INGEST CONCEAL to make your address and name invisible to the REVIEW command. You will still receive mail.
INFO RFC110 to retrieve more information on Listserv commands in the Listserv reference card.

Harry Kissileff would like to remind all subscribers to INGEST to keep their addresses current. If you change addresses, please unsubscribe (UNSUB INGEST; see instructions above) before you leave your old system and then subscribe (SUB INGEST) from your new address. Please do not forget to correct the information on your dues notice as well.

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Your contributions to the newsletter are welcome!

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