

# SSIBlings

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## The Newsletter of the Society for the Study of Ingestive Behavior

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### Letter from the Past-President

Barbara Rolls

**E**veryone who attended the Princeton meeting will agree that SSIB has achieved a remarkable amount in the past five years.

With 568 members we are a good size, but it is also clear that we are enthusiastic about sharing our ideas and promoting the study of ingestive behavior. I was particularly pleased to see so many young investigators at the meeting. A number of them commented not only on how exciting they found the science, but on how easy it was for them to meet people and make friends at Princeton. I want to thank all of you who attended the meeting for coming and for contributing such excellent scientific presentations. Thanks also to all of the organizers, to the many companies that provided funds, and, of course, to Bart and Cindy Hoebel for all that they did to ensure that the meeting ran smoothly and that we all felt welcome.

The purpose of this communication is to give you a brief overview of what SSIB achieved during the past year.

Having our own meeting was great for new member recruitment. Please let people in our field who are not members know about SSIB and encourage them to join. In spite of the low registration fee for the Princeton meeting and the increasing difficulty in getting industrial sponsorship for meetings, Suzanne Sunday presented the Board with a balanced budget. However, given the current funding situation, the Board accepted the Finance Committee's recommendation that we not hold an independent meeting more than every two years.

A major thrust over the past year has been to revitalize and reorganize some of the Committees. For example, the Finance Committee had been inactive but was needed to help with the complexities of the funding for the Princeton meeting. The Finance Committee has now found its feet and is a vital part of the Society. The Board also decided that the Finance Committee should be represented on the Long Range Planning Committee. Joe Vasselli will fill this role.

The Education Committee is also being reactivated. The

Teaching Workshop, chaired by Harry Kissileff, at the Princeton meeting discussed the teaching mission of the society. There is much to be done to promote our field in the classroom and in textbooks. Those enthusiastic about teaching who would like to serve on the Committee should contact Tony Sclafani.

The Nominating Committee serves just for one year and oversees the election of new officers and Board Members. This year the Committee was headed by Thom Castonguay, whom we thank for his hard work. On future ballots you will be given more information about the candidates.

We have an Animal Issues Committee to deal with matters related to animal experimentation and care. If you have questions about such issues you should contact Tom Scott or Jim Smith.

My suggestion to form a Public Affairs Committee was adopted and the committee is now being recruited.

Harry Kissileff will be putting together a Handbook of Operations for the Society which will set out the roles of the various committees. If any of you are eager to serve the society in a particular capacity or on a particular committee, you should let Tony Sclafani know.

The Board moved to extend Harry Kissileff's appointment as Executive Officer for another 3 years. Harry has worked tirelessly for the Society and has provided much-needed continuity as the Officers have changed.

Finally, thank you all for your support and enthusiasm during my time as President. ....



A **Nominating Petition** is enclosed with this mailing. To encourage you to consider the nomination of people who have not yet been involved in the governance of the Society, all past and present officers and board members are listed on the form. Please **USE** this petition—we want your suggestions! Return the form to Henry Koopmans by **December 1**.

**SSIB is sponsoring Travel Awards  
for next year's ICPFFI meeting!**

**See page 3.**

# Letter from the President

Anthony Sclafani

I am pleased to contribute my first Presidential letter to *SSIBlings*. Since this issue also includes a report from the Past-President I will keep my remarks brief. First, on behalf of SSIB I wish to thank Barbara Rolls for her contributions to the society during her presidential term. I look forward to working with Barbara and President-Elect Terry Powley during my term of office. Thanks are also extended to retiring board members Don Coscina, Jack Davis, and Henry Koopmans. I also wish to add to the well-deserved kudos expressed to Bart Hoebel for his organization of the SSIB-Princeton meeting. Although many individuals contributed to the success of the meeting, Bart made an extraordinary effort to insure that SSIB's first meeting would be memorable.

In her report Barbara Rolls reviewed what SSIB has accomplished during this past year. I will look to the future and outline our meeting plans for the upcoming years. First on the list is the next annual SSIB-EPA Dinner meeting to be held on April 17, 1993 in Arlington, Virginia. Tony Riley (American University) has generously agreed to organize the meeting. Recall that he organized the first official meeting of SSIB which was held at the 1987 EPA meeting in Arlington.



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The 1993 Annual SSIB meeting will be in Oxford, England in conjunction with the 11th International Conference on the Physiology and Fluid Intake (ICPFFI 11), July 28-30, 1993. Edmund Rolls, the organizer of the ICPFFI, graciously invited SSIB to the conference and welcomed our contributions to the program. To help support our younger members, SSIB is sponsoring ten travel fellowships to the ICPFFI in addition to those being offered by the ICPFFI.

In 1994 SSIB will sponsor its second independent meeting this time in Hamilton, Ontario, Canada. Harvey Weingarten and Don Coscina are organizing the meeting which will be held at McMaster University. The time (August 17-20, 1994) and location were selected to be near the International Congress on Obesity scheduled for August 20-25, 1994 in Toronto, Canada.

SSIB will travel south in 1995 to sponsor a joint meeting with the North American Association for the Study of Obesity (NAASO). The meeting will be held at the Pennington Biomedical Research Center in Baton Rouge, LA, under George Bray's leadership. The NAASO-SSIB meeting in Sacramento was very successful and the Boards of both societies enthusiastically supported another joint venture.

SSIB is also working on plans for its 1996 annual meeting. Possible sites include the Canadian Rockies and the Florida coast! I am sure you will agree that this is an exciting schedule of meetings for the next several years. □

## Present SSIB Committees and Their Members

Nominating Committee: Henry Koopmans (chair), Timothy Bartness, Larry Bellinger, A. Kim Johnson, and Terry Spiegel.

Membership Committee: Carol Maggio (chair), Tony Sclafani, and Suzanne Sunday.

Program Committee: Tony Riley (EPA), Harvey Weingarten and Don Coscina (1994 Toronto)

Finance Committee: Suzanne Sunday (chair), Joe Vasselli, and Beverly Tepper.

Long-Range Planning Committee: Sue Ritter (chair), Mike Tordoff, Barbara Rolls, Tony Sclafani, Harry Kissileff, David Booth, Thom Castonguay, Tim Moran, Terry Powley, and Joe Vasselli

Education Committee: Harry Kissileff (chair), Barbara Rolls, Barbara Moore, Paula Geiselman, Zoe Warwick, and Matthew Kramer

Animal Care Committee: Jim Smith and Tom Scott

### Teach your children

Final request for educational materials! Please send all materials to Dr. Kissileff by November 1. See Teaching Workshop (page 5) for details.

# Notes from the Secretary

Carol A. Maggio

## Highlights of the Board and Business Meetings

The SSIB Board of Directors and Business Meetings were held on June 24 and 25 at Princeton University in conjunction with the Society's First Independent Conference. Both meetings were chaired by President Barbara Rolls. About 200 members attended the Business Meeting.

Secretary Carol Maggio reported that, with the inclusion of 99 new members for 1992, membership has reached 568. The Membership Committee was empowered by the Board to propose more definite criteria for the various membership categories and maintain a record of membership turnover.

The Treasurer's Report and projected budget for 1993 were presented by Suzanne Sunday. As of June 23, balances in the US and Canadian accounts were \$37,486 and \$109, respectively. The Society will receive \$5,000 from NAASO as a share of profit from the CME course held at last fall's Joint NAASO/SSIB Meeting. To better integrate the workings of the Finance and Long Range Planning Committees, the Board approved that a permanent position on the Long Range Planning Committee will be held by a member of the Finance Committee. Joe Vasselli was officially appointed to this position.

President Barbara Rolls confirmed the results of the latest election. A new Nominating Committee, to be chaired by Henry Koopmans, will be appointed by President-Elect Tony Sclafani. In the future, ballots will provide biographical information on the candidates, including past service to the Society.

Upon the recommendation of Barbara Rolls, the Board approved creation of a Public Affairs Committee to represent the interests of the Society and interact with funding agencies. Linda Bartoshuk, Gerry Smith and Barbara Rolls were suggested as members.

Harry Kissileff is creating a Handbook of Operations, which will define the functions of the various committees and officers. The Board extended Harry's appointment as Executive Officer for another three years.

At the Business Meeting, President Barbara Rolls officially thanked Bart Hoebel and the Organizing Committees for the success of the First Independent Conference. Bart was presented with a medal of appreciation. Reports on this spring's EPA event and the Joint NAASO/SSIB Meeting were presented and the organizing effort of Robin Kanarek and Judy Stern were acknowledged.

Barbara Rolls announced that Nancy Rawson had met with student members to develop plans for increasing student involvement in the Society. At that meeting, Nancy and Paige Israel were selected as student representatives to the Board.

Barbara Rolls presented plaques of appreciation to

retiring Board members Don Coscina, Jack Davis, and Henry Koopmans. The election of President-Elect Terry Powley and new Board members Thom Castonguay, Sue Ritter, and Harvey Weingarten was officially announced.

The President's gavel was passed to Tony Sclafani, who officially thanked Barbara Rolls for her many contributions as President.

## SSIB-ICPFFI Travel Awards 11th INTERNATIONAL CONFERENCE ON THE PHYSIOLOGY OF FOOD AND FLUID INTAKE Oxford, England



The Society for the Study of Ingestive Behavior (SSIB) and the International Congress on the Physiology of Food and Fluid Intake (ICPFFI) are pleased to announce that travel fellowships will be available for students to attend the

ICPFFI meeting in Oxford, England, July 28-30, 1993. Graduate students and first or second year post-doctoral fellows who will be first authors on abstracts submitted to the meeting are eligible to apply for the travel awards. The awards will vary from \$300 to \$1000 depending upon the travel distance to Oxford.

The travel awards are funded by SSIB and the International Life Sciences Institute (ILSI); some of the awards are reserved for SSIB members. The SSIB-ICPFFI Award committee consists of Barbara Rolls, Terry Powley, Anthony Sclafani, Gerard Smith, Edward Stricker, and Stephen Woods.

Applicants for travel fellowships should submit **by January 15, 1993** an abstract of their presentation, a one-page curriculum vitae, and a letter from their faculty sponsor to:

Edward M. Stricker, Ph.D.  
Department of Behavioral Neuroscience  
University of Pittsburgh  
479 Crawford Hall  
Pittsburgh, PA 15260 USA

# Princeton!

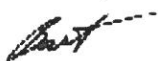
Dear SSIBlings,

I express my heartfelt thanks to the many people who worked towards a successful First Independent Conference of over 300 scientists and students from 15 countries.

Special thanks go to:

All the elected officers and past presidents who helped organize the conference (Barbara Rolls, Harry Kissileff, Alan Epstein, Gerry Smith, Steve Woods, Tony Sclafani, Suzanne Sunday and Carol Maggio) and the appointed officers (Harry Kissileff, Karen Ackroff and Don Coscina), the appointed Organizing Committees and especially the Local Organizing Committee (Thom Castonguay, Mark Friedman, Harry Kissileff, Sarah Leibowitz, Barbara Rolls, Tony Sclafani and Gerry Smith), all those members who helped raise funds from industry (Mark Bieber, Art Campfield, Barbara Rolls, Barbara Moore, Dick Atkinson, Suzanne Sunday, Beverly Tepper, Joe Vasselli and others), the sponsors who made it possible for foreign scientists and graduate students to participate (Princeton Psychology Department, ILSI North America, Hoffmann-La Roche, Campbell Soup, Coca Cola, Fisons Pharmaceutical, H.J. Heinz, Kraft General Foods, Les Laboratoires Servier, McCormick, McNeil Specialty, Miles, Nabisco, Sugar Association and Weight Watchers), the symposium chairpeople who organized, rehearsed and orchestrated the symposia, the session chairpeople and the minicourse organizers (Tim Moran, Greg Mark and Harry Kissileff), the symposium, slide session and poster session presenters, the international crew of volunteers who put up the 120 poster boards and Deanne Johnson who organized the book exhibit, the exhibitors (BAS, BioServ, Brain Research Instruments, Coulbourn, ESA, P.J. Noyes and Research Diets), the student organizer (Nancy Rawson), the sports organizer (Thom Castonguay), the SSIB show organizer (Sarah Leibowitz) and the entertainers and songwriters too numerous to list but they will never be forgotten, the concert pianists (Sarah Leibowitz, Allen Levine and Cindy Hoebel), and a special thanks to John Brobeck for showing our scientific family its roots in behavioral physiology.

Sincerely,



Bart Hoebel

## Thanks to Everyone (but Especially Bart Hoebel) for Princeton

It's not often that one sees a dream come true. Maybe it sounds trite, but I can't express in any other words the way I felt about the Princeton meeting. The entire Society should be proud of the work Bart Hoebel did to make this meeting happen. The conference simply sparkled, from the opening reception overlooking the beautiful Prospect Garden through the videotaped formal sessions, the picnic complete with steam calliope and hot air balloon, the SSIB show, and finally the concluding dinner featuring our First Career Award to John R. Brobeck. Almost two years ago, at the Board meeting in St. Louis in 1990, Bart agreed to serve on a committee to plan a meeting in 1992. It wasn't long before Bart reported that he had arranged a site and a date. He continued to consult everyone during the entire planning process, and I believe his flexibility, vision, and creativity were responsible for the success of this meeting. Hopefully, this will be the first of many memorable meetings, but since it was the first, we will always remember it as a classic!

Harry Kissileff

From: Don Coscina  
<BPSYCH@VM.UTCS.UTORONTO.CA>  
Subject: SSIB Meeting at Princeton  
X-To: INGEST@CUVMA.BITNET

I think all of us will agree that the Princeton gathering was a tremendous success. Tons of praised should be heaped on Bart Hoebel for the wonderful time he provided all who attended. He was a tireless worker and deserves all of our thanks. Most certainly, Bart has set an extremely high standard by which all future conferences will be measured.... it will not be an easy task to match the excellence of our first independent SSIB meeting.

THANKS FOR DOING SUCH AN OUTSTANDING JOB,  
BART!!!!

This year's Young Investigators received their awards at the meeting: **Debra Blusk** (Brooklyn College of CUNY), **Elizabeth Gillard** (University of California-Riverside), **Laurence Nolan** (University of Delaware), **Pierluigi Pompei** (Rockefeller University), **Alain Stricker-Krongrad** (INSERM) and **Zoe Warwick** (Duke University). Congratulations to everyone!

# The Princeton Meeting Education Workshop

Harry R. Kissileff

The education workshop, held at the end of the first independent SSIB meeting, June 28, 1992, was attended by 12 members, whose backgrounds and affiliations ranged from clinical, through academic, to industrial, and included seasoned teachers, researchers with little teaching experience, post-doctoral fellows and a finishing graduate student. It was a good cross section of the Society. All attendees were in agreement that the teaching of ingestive behavior should receive high priority and that the dissemination of materials by those who have been teaching would be very useful. Harry Kissileff reiterated his request for syllabi, reading lists, and testing materials. To date the following have been received: A very instructive packet from Jeffrey Sobal, Division of Nutritional Sciences, Cornell University, indicating that a collection of syllabi for nutritional anthropology courses is available from the Council on Nutritional Anthropology. He also included a manuscript on "Teaching the Sociology of Food and Nutrition", to be published in "Teaching Sociology". The manuscript indicates that the time is ripe for the development of courses on ingestive behavior from both sociological and physiological perspectives. Margriet Westerterp has plans for several books on the following topics, which will be used in her courses at the Open University of the Netherlands. These are entitled "Feeding Throughout Life", "Food For Thought: Regulation of food intake and energy balance", "Behavioral Toxicology: food and environment", and "Food Nutrition and Toxicity". Finally a syllabus and reading list for a course on Taste was sent by Dr. Zoe Warwick.

Very little material was received before the workshop and therefore each of the participants presented views on the needs for a course, the experience they have had in teaching, and the response of the students. At the end a request was made for a new chairperson for this effort. Barbara Moore volunteered to help Harry Kissileff, if he continued to spearhead committee action and most members agreed to continue working. Since the workshop an additional member has been recruited, Dr. Matthew Kramer, Natick Laboratories. Based on the descriptive material about the efforts of our colleagues in Nutritional Anthropology, we should be able to develop a similar paradigm to the more physiological and psychological aspects of ingestive behavior with which we are more familiar. A course in the neuropsychobiology of ingestion would make an excellent companion course to those currently being taught in sociology and anthropology departments, and would give students entering nutritionally related fields such as medicine, food science, and hotel management important insights into the relation between an individual's physiological and cultural controls of ingestion.

I would therefore like to renew the call for syllabi, reading lists, and laboratory exercises from whoever is willing to provide them. Anything from a lecture outline in a large course with indication of the course and the audience to a complete curriculum of several related courses is welcome. Please send your material no later than November 1 to Dr. Harry Kissileff, SSIB ED, St. Luke's/Roosevelt Hospital, 114th St. and Amsterdam Ave., New York, NY 10025. For those who are currently teaching, a packet of this semester's or last semester's materials that are given to students would be sufficient. No one needs to go to a great deal of trouble to submit information that would be useful for this project.

These materials will be copied, collated, and made available for distribution at cost. The Council on Nutritional Anthropology's collection is priced at \$15.00 for a diskette version and \$25.00 for a 317 page hard copy. We would aim for a similar price. I would then propose that we repeat the survey I conducted in 1990 at 5 year intervals to determine whether the teaching of ingestive behavior is catching on. The education committee should meet annually to discuss further steps to be taken to encourage the teaching of ingestive behavior, possibly making awards or prizes for excellence and innovation in this area of Society activity. I cannot emphasize more strongly the importance of a strong educational effort if we want our field not only to survive but to thrive, grow, and ultimately benefit our fellow travelers on this good earth.

A detailed report on the workshop is available from the Executive Officer. The Collection of Syllabi for Nutritional Anthropology Courses is available from the CNA, American Anthropological Association, 1703 New Hampshire Ave. NW, Washington DC 20009.



*Now is your chance to  
make (or change) history.*

It was recently decided that SSIB is old enough to warrant the establishment of an archives. We are looking for a variety of noteworthy items that would represent our Society. If you have any photographs (incriminating or otherwise) from past SSIB gatherings we would greatly appreciate them. Please label all photos clearly with pertinent information about the subjects and events. We will gladly reimburse you for the cost of the prints. Any suggestions or additions for the archives should be sent to:

Dr. Ellen Ladenheim  
Department of Psychiatry  
Johns Hopkins University School of Medicine  
Ross Bldg. Rm. 618  
720 Rutland Ave.  
Baltimore, MD 21205-2196 USA.

# ATTENTION STUDENTS AND POST-DOCS!

Nancy Rawson

In response to a request I made to have a student meeting/social at the First Independent SSIB meeting, I was invited to attend the Board meeting at Princeton, and describe my ideas about how to promote student involvement in SSIB and how SSIB could offer more for students. The Board was extremely supportive of the idea, realizing that the students represent the future of the society, and felt that both the students and SSIB would benefit from greater participation by students. Subsequently, an enthusiastic group met twice during the Princeton meeting to discuss the possibilities for creating a "student section" of SSIB, whose general goals would be: 1) to promote greater interaction between students/post-docs, and between these individuals and senior members of the organization, and 2) to provide an opportunity for greater involvement in the operation of the organization.

The relationships established while we are students are the ones that will last throughout our careers. In my experience, people tend to hang out with their own lab group or with people doing the same kind of work, while contacts with people in different areas can be equally valuable. To promote this type of interaction, and to provide for greater participation in the operation of SSIB and its meetings, the group that got together in Princeton made some decisions to get things started:

- 1) Post-docs should be included in this effort—students would benefit from increased interaction with post-docs, and many of their interests and concerns are similar. (For the present, the term 'student section' will be used, until someone comes up with a better idea!)
- 2) There should be a Student/Post-doc social near the beginning of every independent SSIB meeting, and at joint meetings if possible or if there's no other student gathering planned (e.g., Neuroscience has a student social already).
- 3) There should be two student representatives to the board, who will act as President and President-elect of the student section. The President elect will succeed the President. This will provide for more continuity year-to-year and will distribute the effort. The President-elect should not expect to finish the degree/Post-doc for at least two years.

—These will be elected positions, but for the first year, it was decided that Nancy Rawson and Paige Israel would hold these positions to get

things started; an election will be held for subsequent years.

- 4) We request the board to consider providing for the student representatives to hold one vote on the board.
- 5) The responsibilities of the President and President-elect will be:
  - a) To serve as representatives to the board (with at least one present at every board and business meeting), disseminate information of interest to students and get feedback on specific issues of concern;
  - b) Organize a workshop/discussion on an issue of interest such as Job Search Strategies, at each independent SSIB meeting;
  - c) Work with the SSIB officers to insure that student activities are included in annual meetings;
  - d) Promote student membership and participation in the society;
  - e) Serve as a clearinghouse for student suggestions, comments and feedback;
  - f) Write up minutes of meetings and summarize key points in an article in *SSIBlings*.
- 6) We request that the committee which allocates student travel awards be comprised of students with faculty advisor(s).
- 7) Michele Lee agreed to organize a student social at the PFFI/SSIB meeting in Oxford next July, 1993. The Board of Directors has increased the number of travel awards available for this meeting (see page 3). If anyone has ideas about how to get even more money for travel awards, let's hear them!

Here are some other suggestions for the consideration and comments of all SSIB members:

- 1) Consider increasing attendance at meetings by having more partial travel awards instead of fewer full awards.
- 2) An increase in dues might be acceptable to students, if a significant proportion of the increase was dedicated to travel awards or student activities (though we're already getting more than we're paying for).
- 3) Consider having student 'session monitors' who volunteer to work at meetings in exchange for registration waiver.
- 4) If travel expenses are paid for board members to attend a particular board meeting, expenses should be covered for one of the student representatives.
- 5) Have a membership drive during which a member gets dues or an abstract fee waived for signing up five new members.

We have made a start, but the more input we get the better! Please send your ideas, suggestions, comments to either:

Nancy Rawson  
Monell Chemical Senses Center  
3500 Market St.  
Philadelphia PA 19104 USA  
Tel 215-898-0943  
Fax 215-898-2084

Paige Israel  
Department of Psychology, NI-25  
University of Washington  
Seattle, WA 98195 USA  
Tel 206-543-9515  
Fax 206-685-3157

## What's in a Name? (A Quiz.)

After the Princeton meeting, Don Coscina sent me the "Anthology of Alliterative Aliases" that he and Thom Castonguay used in their skit for the SSIB Show. Because they didn't have time to use them all and for the education of those who weren't in their audience, I've reprinted them here. However, I've changed the format to "matching" in honor of the new academic year. Can you identify all these officers and board members?

- |                      |  |
|----------------------|--|
| 1) Steve Woods       | a) The Archbishop of Adrenal-dom                                   |
| 2) Harvey Weingarten | b) The Baroness of Bulimia   |
| 3) Suzanne Sunday    | c) The Countess of Capsaicin                                       |
| 4) Ed Stricker       | d) The Count of Cholecystokinin                                    |
| 5) Gerry Smith       | e) The Duke of Dialysis  |
| 6) Tony Sclafani     | f) The Guru of Gut Peptides<br>(formerly, the Baron of Bombesin)   |
| 7) Barbara Rolls     | g) The Iconoclast of Insulin                                       |
| 8) Sue Ritter        | h) The Jejunal Jester  |
| 9) Bob Ritter        | i) The Lord of Licking Latencies                                   |
| 10) Terry Powley     | j) The NTS Knight  |
| 11) Tim Moran        | k) The Overlord of Oxytocin  |
| 12) Carol Maggio     | l) The Pawn of Pyloric Pinching                                    |
| 13) Sarah Leibowitz  | m) The Prince of Polycose<br>(formerly, the Knife-cut Knave)       |
| 14) Henry Koopmans   | n) The PVN Princess  |
| 15) Harry Kissileff  | o) The Raphe Rogue   |
| 16) Bart Hoebel      | p) The Sheriff of Sham-Feeding,<br>a.k.a. The Henchman of Hedonics |
| 17) Jim Gibbs        | q) The Squire of SSIB<br>(formerly, The Earl of Eating Analysis)   |
| 18) Jack Davis       | r) The Sorceress of Sensory Specific Satiety                       |
| 19) Don Coscina      | s) The Vagus Vassal  |
| 20) Thom Castonguay  | t) The Zucker Zealot   |

There is one last (but most certainly not least) alias to report...but it's too perfect to be part of the puzzle:

Alan Epstein, The Angiotensin Angel.

1-g; 2-p; 3-b; 4-k; 5-d; 6-m; 7-r; 8-c; 9-j; 10-s; 11-i;  
12-t; 13-n; 14-h; 15-q; 16-e; 17-f; 18-t; 19-o; 20-a.

### Princeton memorabilia

A few SSIB mugs, some T-shirts (9 medium, 1 each large and extra large), group photos, and video tapes of the symposia are available for \$15 each including packaging and mailing. Contact Harry Kissileff for T-shirts, and Bart Hoebel for other items.



Symposium and Award dinner tapes will be sent only to SSIB members who make requests in writing. If any symposium participant objects to a tape's distribution, that tape will be withdrawn from circulation. Tapes can be purchased but not copied. The SSIB-Show tape will not be distributed due to the vaudevillian, salivous, lickerish if not scandalous nature of the material when taken out of context. We can all look forward to the next appropriate context.

## Positions available

Note to employers and candidates: *SSIBlings* has January, May, and September issues each year. The deadline is the middle of the previous month (i.e., December, April, and August 15ths). Remember, these announcements are free!

### Assistant/Associate Professor

TEXAS TECH UNIVERSITY, FOOD AND NUTRITION PROGRAM is seeking an Assistant/Associate Professor for a tenure track position. Ph.D. in nutrition or related field is required, with R.D. status preferred. Duties involve teaching undergraduate and graduate courses, research and publication, advising students and service to the university and professional organizations. Position available August 1992 or January 1993. Application deadline is August 1, 1992 or until filled. Texas Tech is a 25,000-student multi-purpose university in Lubbock, Texas. Reply to Dr. Lynn Huffman, Chair, Tel 806-742-3068, Fax 806-742-1343.

### Visiting Assistant

#### Professor/Research Associate

BROOKLYN COLLEGE OF CUNY, DEPARTMENT OF PSYCHOLOGY has an opening for a Visiting Assistant Professor/Research Associate in Feeding Behavior beginning on or after December 1992. This is a one-year appointment renewable up to five years. The position requires teaching psychobiology courses at the undergraduate and graduate level. Excellent research facilities are available in the Feeding Behavior and Nutrition Laboratory.

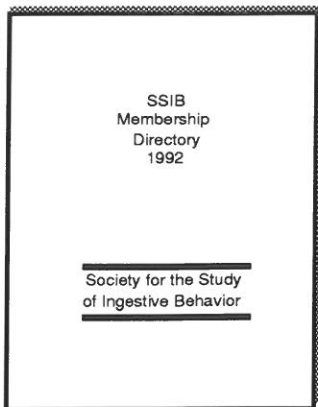
A second Research Associate position may become available in January 1993. This would be a one-year appointment renewable up to three years and would involve research on carbohydrate appetite and food conditioning.

Send Vita, three letters of recommendation and representative publications to Anthony Sclafani, Ph.D., Department of Psychology, Brooklyn College—CUNY, Brooklyn, NY 11210. An AA/EEO Employer M/F/H/V.

**Post-doctoral and/or research position** available in Human Eating Behavior. Projects include studies of nutrients, hormones, and exercise on normal and disordered eating in humans. Contact Harry Kissileff, tel 212-523-4200, for further information.

The SSIB Membership Directory for 1992 was published in April. On page 2, the small print reads: "This directory is distributed by SSIB for personal use by its members. Any commercial use is prohibited." This means that it is inappropriate to duplicate the pages for use as mailing labels, for example.

It is the Society's policy to offer, for the cost of printing and materials, a set of address labels composed of only those members who have indicated that they are willing to receive advertisements. The list costs \$25 for members and \$75 for nonmembers (e.g., publishers). To purchase the list, contact Harry Kissileff.



## International Association for the Psychology of Food and Nutrition

### Call for participation

A global association is proposed for all those interested in the uses of psychological science in research and professional activity involving behavioral and social aspects of food and nutrition. A geographically representative Commission of workers on the psychology of food and nutrition was elected at the conference on Food Choice in Brussels in July 1992. This was a Satellite of the 25th Congress of Psychology, run under the auspices of the International Union of Psychological Sciences to whom IAPFN would apply for affiliation.

The IAPFN commission would collaborate with the other relevant Commissions of International Scientific Unions and regional bodies in organizing open meetings for psychologists, sociologists, economists, anthropologists, physiologists, nutritionists and food scientists, technologists and marketers. Association members would receive announcements from major conferences in this multidisciplinary field. Any other activities would depend on members finding the funds.

Psychologists and others who want to be members but were not at the First Food Choice Conference should write to David Booth, School of Psychology, University of Birmingham, Edgbaston, Birmingham, B15 2TT, U.K. IUPsySci require a majority of members of an affiliated Association to be psychologists and so it would be helpful if those having degrees, professional qualifications or publications in psychology would state them if they are not writing from a department of Psychology. Proposals for Commission members, especially in the southern hemisphere, would be welcome.



*SSIBlings* is printed on recycled paper.

## THE COLUMBIA UNIVERSITY SEMINAR ON APPETITIVE BEHAVIOR

### Scheduled Speakers for 1992-1993

- |                  |   |
|------------------|---|
| September 17     | Dr. Charles Flaherty<br><i>Contrast in Consummatory Behavior</i>  |
| October 15       | Dr. Streamson Chua<br><i>Molecular Pathogenesis of Obesity in the Fatty Rat</i>                                     |
| November 12      | Dr. Warren G. (Ted) Hall<br><i>Oral Experience and the Control of Ingestion: Lessons from Developmental Studies</i> |
| December 17      | Dr. Marcia Pelchat<br><i>Issues in the Study of Food Cravings and Aversions in the Elderly</i>                      |
| January 21, 1993 | Dr. Jeffery Sobal<br><i>Social Science Perspectives in Nutrition</i>  |
| February 18      | Dr. Allan Geliebter<br><i>Gastric Distension and Capacity in Normal, Obese, and Bulimic Subjects</i>                |
| March 18         | Dr. James Gibbs<br><i>Bombesin and Satiety</i>  |
| April 22         | Dr. Nori Geary<br><i>Glucagon and Satiety</i>   |
| May 20           | Dr. Rudy Liebel<br><i>Searching for Obesity Genes in Rodents and Humans</i>   |
| June 3           | Dr. Gary Zammit and Nancy Aronoff<br><i>Sleep and Eating Disorders in Obesity</i>                                   |

All meetings are on Thursdays. For information contact: Dr. Harry R. Kissileff, St. Luke's/Roosevelt Hospital, 114th St. & Amsterdam Ave., New York, NY 10025

Sponsored in part by CIBA Consumer Pharmaceutical, Hoffmann-La Roche, Miles Inc./Bayer AG, PepsiCo, and the New York Obesity Research Center, St. Luke's/Roosevelt Hospital.

### Current Corporate Sponsors of the Society for the Study of Ingestive Behavior

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The Sugar Association  
Weight Watchers International

## Reading List

**Obesity: Dietary factors and control.** (1991) D.R. Romsos, J. Himmshagen and M. Suzuki, eds. International Meeting on Diet and Obesity, a satellite meeting of the 6th International Congress on Obesity, University of Tsukuba, Sakura, Japan, Oct 1990. 272 pages, 24 chapters. \$158.50/SFr 198.00/WGM 237.00. Prepayment required. Japan Scientific Soc Pr, 2-10 Hongo 6-Chome, Bunkyo-ku, Tokyo 113, Japan. ISBN 4-7622-5682-X.

**Energy metabolism. Tissue determinants and cellular corollaries.** (1992) J.M. Kinney and H.N. Tucker, eds. 1st Clintec International Horizons Conference on Energy Metabolism, Amsterdam, Netherlands, May 1991. 562 pages, 26 chapters. LC# 91-37137, ISBN 0-88167-871-6. Raven Press, 1185 Avenue of the Americas, New York, NY 10036 USA. 800-621-9891.

**Obesity: Theory and therapy, 2nd edition.** (November 1992). A.J. Stunkard and T.A. Wadden, eds. A revised and expanded version of the classic reference for clinicians dealing with obesity. 400 pages, 20 chapters. \$59.00 + postage and handling. Raven Press. Order code 2365, ISBN 0-88167-884-8.

**'McCance and Widdowson's' The composition of foods, 5th edition** (1991). Updated and revised version of a classic reference. 400 pages. \$69.95 + \$7.50 (US) shipping in US and Canada. Catalog # R6391HJX, ISBN 0-85186-391-4. CRC Press, Inc., 2000 Corporate Blvd., N.W., Boca Raton, FL 33431 USA. 407-994-0555, 800-272-7737, Fax 407-997-0949.

**Neuroanatomy and physiology of abdominal vagal afferents.** (1992). S. Ritter, R.C. Ritter and C.D. Barnes. "The articles...examine the types of information carried by vagal sensory neurons from the gastrointestinal tract, how the vagal sensory and motor components are arranged and interact with the brain, and the nature of vagal sensory participation in selected aspects of physiology and behavior." 336 pages, 12 chapters. \$90.00 US + \$7.50 shipping in US and Canada. CRC Press. Catalog # TP8881HJA, ISBN 0-8493-8881-3.

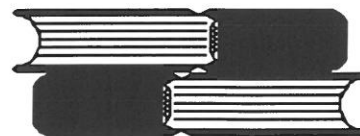
**Central regulation of energy metabolism with special reference to circadian rhythm.** (1992). K. Nagai and H. Nakagawa. Sections on homeostatic control and autonomic involvement in regulation of energy metabolism, survival value of animal circadian rhythms, and aspects of suprachiasmatic nucleus involvement in both areas. 194 pages, 8 chapters. CRC Press. ISBN 0-8493-6657-7.

**Obesity.** (1992) P. Bjorntorp and B. Brodoff, eds. 805 pages, 66 chapters, with sections on fat metabolism, assessment of body composition, energy metabolism, animal models, general aspects of human obesity, hunger satiety and mood, associated health impairments, health impairments associated with abdominal distribution of adipose tissue, and nonpharmacologic and pharmacologic treatment. ISBN 0-397-50999-5. J.B. Lippincott, East Washington Square, Philadelphia, PA 19105 USA.

**Food hoarding in animals.** (1990). S.B.Vander Wall. University of Chicago Press, 5801 Ellis Ave., Chicago IL 60637 USA; 800-621-2736.

**Behavioral endocrinology** (1992). J.B. Becker, S.M. Breedlove, and D. Crews, eds. A 608-page textbook with 16 chapters on sexual, courtship, and parental behaviors, aggression, stress response, human cognitive function, ingestive behaviors, and biological rhythms. The ingestive chapter is by E.M. Stricker and J.G. Verbalis. ISBN 0-262-52171-7 (paper, \$34.95), 0-262-02342-3 (cloth, \$65). The MIT Press, 55 Hayward St., Cambridge, MA 02142 USA. 617-253-5646, 800-356-0343.

**Obesity Research**, a new journal, will begin publishing in January 1993. This publication of the North American Association for the Study of Obesity will include molecular, genetic, biochemical, physiological, metabolic, nutritional, biobehavioral, psychological, clinical, surgical, exercise and epidemiological studies in obesity. It will be published six times a year. The first Editor-in-Chief is George A. Bray (6400 Perkins Road, Baton Rouge, LA 70808). Subscription prices for 1993: members, \$60 domestic, \$70 foreign; nonmembers, \$90 personal (\$50 student) domestic, \$110 personal (\$60 student) foreign.



## Comings and Goings

Our Past-President has moved inland. Please note her new address.

Barbara Rolls, Ph.D.  
Pennsylvania State University  
104 Benedict House  
University Park, PA 16802 USA  
Tel 814-863-8572 Fax 814-863-8574

Our new President has new telephone and fax numbers.

Anthony Sclafani, Ph.D.  
Department of Psychology  
Brooklyn College of CUNY  
Brooklyn, NY 11210-2889 USA  
Tel 718-951-5606 Fax 718-951-4824

(These revised telecommunication numbers also apply to Karen Ackroff.)

Zoe Warwick has just moved north from Duke University to a postdoctoral position in Harvey Weingarten's lab. Her new address is:

Zoe Warwick  
Department of Psychology  
McMaster University  
Hamilton, Ontario L8S 4K1 CANADA  
Tel 416-525-9140 ext. 3024

## From the Editor's Desk...

A warm welcome to all new members! This newsletter is presently the only SSIB publication, and it is available for communication with everyone in the Society. Your input is invited; possibilities include ruminations on topics of common concern, requests for information, reviews of books or meetings, and announcements of job openings, changes of address, meetings, etc. The next deadline for *SSIBlings* is December 15. Please use electronic transmission (disk, E-mail) for longer communiques if possible. My postal address is on the front page.



Speaking of E-mail, Danielle Greenberg has asked me to convey a message to E-mail members. It can be difficult to communicate with people on a different network if the address is incomplete, which usually means that the network suffix is missing. She reports particular trouble with addresses from Bitnet, which often do not include the .BITNET suffix after the "userID@node" designation. For example, my full address is KACKROFF@BKLYN.BITNET so it is apparent that I am one of the offenders. Another potential source of difficulty is the format requirement of your network: some are indifferent to the upper- vs. lower-case distinction, but others are quite particular. Please check your E-mail address in the SSIB directory, and send a message to the INGEST bulletin board (INGEST@CUVMB.BITNET) to clarify if necessary.

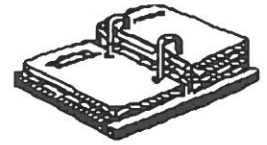
Speaking of the bulletin board, INGEST has been underutilized, and was recently rescued from oblivion by Harry Kissileff. A growing number of our members have access to E-mail, and the bulletin board is an excellent means of rapid communication. Short messages can be entered and received in minutes rather than days, and can help you to avoid "telephone tag" when you need information but can forgo conversation. If you learn how your local system handles it, you can quickly upload larger files prepared in more leisurely fashion with your word processor. To add your name (SUBscribe) to the bulletin board, send the message "SUB INGEST firstname lastname" to LISTSERV@CUVMB.BITNET, and your E-mail address will be added to the INGEST mailing list.

The dues notice for 1993 will be mailed under separate cover, and are due **December 15**. Please check the printed information carefully, and let us know about any changes so the member database can be updated. US members should add the "plus 4" code to their zip code if possible, because it may be possible to reduce SSIB's mailing expenses if we get enough mail-sort codes. E-mail addresses should also be checked for completeness.

Note the EPA deadline: main meeting abstracts must be postmarked by October 31, 1992.

## Calendar

These are the scientific meetings recorded on SSIB's calendar so far. Contact Karen Ackroff to add items to this list, which appears in every issue.



Oct 25-30 Society for Neuroscience, Anaheim, CA

1993:

- EPA: Eastern Psychological Association, Arlington, VA, April 16-18. (SSIB dinner meeting April 17)
- ICPFFI: International Congress on the Physiology of Food and Fluid Intake, Oxford, July 28-30.
- ICSFC: 2nd food choice conference, a satellite meeting of the International Union of Nutrition Science Congress, in Canberra, October 1-3.
- NAASO: North American Association for the Study of Obesity, Milwaukee, WI, October 17-20.
- Society for Neuroscience, Washington, D.C., November 7-12.

1994:

- SSIB's second independent meeting, Toronto, Ontario, August 17-20
- ICO: 7th International Congress on Obesity, Toronto, Ontario, August 20-25
- Society for Neuroscience, Miami, FL, November 13-18.

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Sandra Frankmann has organized a Special Interest Social at the Society for Neuroscience meeting in Anaheim, CA. The social is intended to bring together members of SSIB and AChemS (Association for Chemoreception Sciences) with common interests in Chemical Senses. The topic is "Brainstem Integration of Taste and Ingestive Behavior".

Following time for socializing, brief talks will be given by Ralph Norgren, Tom Scott, and Randy Seeley. The discussion will include a consideration of both the sufficiency and the limitations of processing taste information, at the level of the brainstem, in the guidance of ingestive behavior under different metabolic states. The social will be held Thursday, October 29, 5:30-7:30 pm; see the SN program for location.

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The 1993 Annual meeting of the **British Feeding and Drinking Group** is to be held at the University of Sussex, Brighton, England on March 25th and 26th.

In line with previous meetings, the meeting will be open to anyone with interests in ingestive behaviour, and will consist of a day and a half of presentations (talks and posters), coupled with a conference dinner on the Thursday night.

Any SSIB member who might like to attend should contact: Dr Martin Yeomans

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