

# SSIBlings

Vol. 5, No. 2

May 1992

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## The Newsletter of the Society for the Study of Ingestive Behavior

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### Letter from the President

Barbara J. Rolls

**SSIB**, being a new society, is still working on its identity and the role that it plays within an already established framework of other societies and government agencies. A strength of SSIB is that it covers a broad range of disciplines united by our common interest in ingestion. This diversity was part of the original vision for the society. We have deliberately recruited a wide range of basic scientists, clinicians, and industrial researchers to the society. At the encouragement of David Booth we are reaching out to an even broader range of colleagues, such as those in areas related to cultural and anthropological aspects of food intake and to food scientists. We have written to a number of other societies and asked the leaders to tell members about SSIB and to invite members to join us or attend our meetings. We may also have joint meetings with a broader range of other societies. Such cross fertilization is bound to enhance our thinking about problems of ingestion. If any of you have ideas about broadening our membership, please let me know. Also, if you have colleagues who should be members who are not, try to recruit them to the society. With over 500 members, we have grown rapidly, but I can think of a number of colleagues who still have not joined. A membership application form is enclosed; please copy it if necessary.

While our diversity is a strength, it can also present a problem in that we lack a single focus. For example, we are looking for ways to have a stronger voice with government agencies and to convey the importance of our field to them. Suppose we choose to promote ingestive behavior to the National Institutes of Health. First, we have to determine which disease or health issue we will address and then we must determine which institute is most appropriate. Here I would like to illustrate our diversity with some specific examples

of how our expertise is distributed throughout NIH. Obesity research is funded by a number of the Institutes including the National Institute of Diabetes and Digestive and Kidney Diseases, the National Institute of Child Health and Human Development, and the National Heart Lung and Blood Institute. Eating disorders such as anorexia or bulimia nervosa may go through the National Institute of Mental Health. The National Institute on Deafness and Other Communication Disorders is interested in ingestive behavior as it relates to sensory problems. Studies of alcohol ingestion would go to the National Institute of Alcohol Abuse and Alcoholism. Problems of food and fluid intake in the elderly would go to the National Institute on Aging. Studies of food intake and preference in cancer might go to the National Cancer Institute. These are just some examples within NIH. We might also want to get our message to the National Science Foundation or the Department of Agriculture, not to mention agencies in other countries. Clearly we are going to have to work hard to keep so many agencies informed of our activities.

Until now we have done little to promote our field to funding agencies, but it is clear that we should. In the past several months we have ...continued on page 2

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from page 1 responded to several requests for input from NIH. I mentioned in my last letter that Gerry Smith was representing us at a regional meeting on a framework for discussion of strategies for NIH. Originally we were asked to give a presentation and to present a written document, but the format changed to a very general discussion with little opportunity to state SSIB concerns. We are grateful to Gerry for representing us. More recently NIH has asked us to contribute to a Technology Assessment Conference on Methods for Voluntary Weight Loss and Control. Several of us have prepared a brief statement on SSIB and the role of ingestive behavior in weight loss and control. A number of SSIB members presented invited papers at this meeting.

We need to do more to get involved in the funding process. I have several ideas and would welcome input from members. Our most important and immediate action should be to ensure that key individuals in public and private agencies know about the society and its activities. We are compiling a list of such persons (please give us input on this) and will invite them to become members of the society. Even if they do not respond we will keep them on our mailing list to receive the newsletter and information about meetings. We will also invite them on a rotating basis to contribute articles about their agencies to the newsletter. I also plan to propose to the Board that we establish a "Funding Liaison" Committee that will involve the Society in the funding process. This committee will be related to grants in the US, but we will encourage the formation of similar groups in other countries if there is enough interest. I envisage the committee ensuring that key individuals in funding agencies are informed of our activities and that they in

turn will keep the committee informed of issues and priorities of interest to society members. The committee will also retain information about SSIB members who are on study sections and involved in other activities related to grants. The committee will be a resource for society members requiring information about the funding process.

I worry that with research money so tight, we will feel more "ssibling" rivalry than family coherence. We need to applaud any funding that comes to our members as it adds to the strength of the field. One way that the field can be enhanced is through representation on study sections. Because of our diversity we can have a very broad influence through such representation. I encourage you all to become as involved in the funding process as you can.

**"Until now we have done little to promote our field to funding agencies, but it is clear that we should."**

Because we are such a new society we have not thought much about keeping records of our history. However, I do think we will regret not documenting our key events. I would like to appoint a society historian who will keep a record of our meetings and make sure that photographs are taken when appropriate. If anyone would like to be historian, please let me know. Also, if any of you have photos from past meetings, it would be great if we could include them. If any of you have photos of Alan Epstein presiding at any of the Sacramento events, they would be especially appreciated.

I hope you are getting excited about the Princeton meeting. Bart Hoebel and the Committee have been working extraordinarily hard to make this an outstanding meeting. What it needs now is for you to come, learn, participate, have fun, show your hidden talents!

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## Memorial for Alan Epstein

By this time you will have received the announcement detailing the two-day memorial for Alan Epstein on May 29 and 30 on the University of Pennsylvania campus. Friday is devoted to tributes and a banquet, and on Saturday there will be a Festschrift highlighting Alan's scientific legacy in the field of ingestive behavior. Reservations for this event were due by May 1. If you need information, contact Harvey Grill (215-898-7213, FAX 215-898-7301) or Keely Byford (FAX 215-898-8780) SOON.

Don't forget that there is another way to remember Alan, which Eliot Stellar announced in his February letter. The Alan N. Epstein Fund has been established at the University to assist graduate students in the Behavioral Neurosciences. Checks payable to "The Trustees of the University of Pennsylvania" can be sent to The Alan N. Epstein Fund, University of Pennsylvania, 400 Penn Tower, 3400 Spruce Street, Philadelphia, PA 19104-4385.



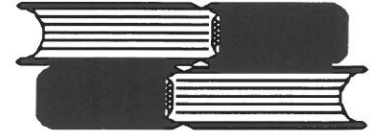
## Election Returns

Our new President-Elect is Terry Powley. The three new members of the Board of Directors are Thom Castonguay (returning after a year hiatus), Sue Ritter, and Harvey Weingarten. They will replace retiring Board Members Don Coscina, Jack Davis, and Henry Koopmans. The offices change hands at the Annual Membership meeting in Princeton in June.

## Classic Papers in Ingestive Behavior

Barbara Rolls and Harry Kissileff have received several suggestions for classic papers to be included in a book of readings. In order to involve more of you in the decision making process, and to stimulate some thinking and reactions, here are some of the ideas already proffered. The book will include an introduction on what makes a paper classic. The following tentative criteria have been proposed:

1. Demonstration of a new discovery, phenomenon or technique.
2. Review of several papers, drawing connections to show how apparently disparate findings could be reconciled.
3. Provision of a hypothesis which changed the way people thought about the field.



Your input would be helpful. Do you agree or disagree with these criteria? Should there be other criteria?

The following papers (specified by author and date only to save space - except for some in which only the topic has been chosen, or a brief reference is given to specify one of multiple related papers) are high on the short list. Your response to the following questions would be helpful:

1. Are there some we have missed, or should some of these be omitted?
2. Why should any particular one be included or omitted?

It will be most helpful if responses are received by June 5. You can write to either of us. An asterisk next to a citation indicates that its name would be included but the paper itself would not be reprinted because the topic is already represented by another paper.

Cannon & Washburn, 1912	drinking review	Something on electrically elicited eating and drinking
Richter, 1927	Epstein, 1973 - double depletion hypothesis	*Epstein - chemical stimulation of the brain 1960
Adolph, 1947	Schachter, 1971	*Wolf & Stricker - reservoir
Richter, 1953 - salt appetite	Hashim & Van Itallie, 1964	Grossman, 1962, <i>Am J Physiol</i> 202:872
Brobeck, et al., 1943	Jordan, et al., 1965	Steffens, 1968 - chronic glucose measurements
Anand & Brobeck, 1951	Mayer, 1955	Campfield & Smith, 1985 - transient blood glucose drop
Stellar, 1954	Kennedy, 1953	Ritters - fat and carbohydrate
Epstein & Teitelbaum, 1962	Friedman & Stricker, 1976	Sclafani & Springer, 1976 - cafeteria
Hoebel & Teitelbaum, 1965	Tordoff & Friedman, 1986	Norgren - something on anatomy of taste system
Hoebel & Teitelbaum, 1966, <i>JCPP</i> 61:189	Cabanac, 1971 - alliesthesia	Grill - something on facial expressions
*Miller, Bailey & Stevenson, 1950	*Herman & Mack, 1975	Andersson, 1953 - <i>Acta Physiol Scand</i> 81:188
Collier, Hirsch, & Hamlin, 1973	Stunkard & Messick, 1985	
Mook, 1962	Rolls - sensory specific satiety	
Russek, 1963 - Nature paper on liver	Booth, 1972 - conditioned satiety	
Le Magnen, 1969 <i>NYAS</i>	Smith & Gibbs, 1988 - CCK	
Powley & Keeseey, 1970, <i>JCPP</i> 70:25	*Deutsch - stomach signals satiety	
Kissileff, 1973 - Nonhomeostatic	McHugh & Moran, <i>Science</i> 1985 - stomach & satiety	
	Epstein, Fitzsimons & Rolls, 1970, <i>J Physiol</i> 210:410	

Since part of the book will include statements either by the authors or others about how a particular paper was selected, the opinions of members of the society would be helpful. It is hoped that the discussion engendered by this exercise and reprinted in part in the book will also provide an instructional basis for those who wish to teach ingestive behavior either as a stand alone course or as part of another course in nutrition, physiology, psychology, sociology, anthropology or ecology. This may be the last opportunity for input before a final selection of papers is made, so if you'd like your response or your favorite paper to be considered please act now.

# Princeton!

## COLLEGE OF INGESTIVE BEHAVIOR Summer Session 1992

The program for the Princeton conference has been mailed to all 250 registrants (approximately half the membership of SSIB)! A summary of the events is provided here so that the other half will know what they're missing.

Eleven integrated symposia (see box) and approximately 200 slide and poster papers will be presented during the three main days of the meeting, Thursday, Friday, and Saturday. Each day will include two 1-hour periods devoted to slide sessions. During each period, three sessions will run simultaneously, for a total of 18 sessions. The topics are CCK (3 sessions), conditioning, drinking, eating disorders, endocrine, feeding patterns, human ingestive behavior (2 sessions), metabolism and physiological controls (3 sessions), monoamines and amino acids, peptides, salt (2 sessions), and serotonin. Two minisymposia will be devoted to relatively new approaches: alcohol intake as ingestive behavior and the molecular biology of obesity.

To guarantee that poster papers receive their share of attention, they will be available for viewing from Thursday afternoon to Saturday evening. The poster room will also be the site of three wine and cheese sessions: after Thursday's picnic, and before Friday's and Saturday's dinners. The authors will be present for the latter two periods. Exhibits of apparatus, custom diets, and books on ingestion will also be available throughout the meeting.

Finally, there are options for Sunday, the final day of the conference. Minicourses on microdialysis and receptors and a workshop on teaching ingestive behavior will be offered (see the article on page 5).

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Prior to this year, the annual meeting of the Eastern Psychological Association has been among the largest yearly gatherings of SSIB members. This year, however, our first independent meeting in June will occur less than three months after EPA. Not surprisingly, many of us chose to allocate our resources to the new meeting; the SSIB/EPA gathering in Boston seemed a little cozier than usual. However, many of the East-Coast contingent were on hand, and there was no shortage of paper sessions related to ingestive behavior. Thanks are due to Robin Kanarek for organizing the cocktails, talks and dinner for our smaller than average crowd.

Next year, SSIB meets in late July with ICPFFI in Oxford, which again competes for North American members' time and travel money. However, don't think of the EPA meeting as an unlikely place to meet ssiblings in the future—it will still be a contender.

Not surprisingly, many of the SSIB members who have registered for the meeting are from the United States. However, this will be an international gathering, with participants from Brazil, Canada, England, France, Hungary, Israel, Italy, Japan, The Netherlands, Scotland, Spain, Switzerland, Taiwan, Ukraine and Venezuela.

The meeting has a long list of corporate sponsors. Major supporters include the Langfeld Fund of the Department of Psychology and the Center for Visitors and Conference Services at Princeton University, the International Life Sciences Institute - North America, and Hoffmann-La Roche. In addition, SSIB received generous contributions in support of the meeting from Campbell Soup, Coca Cola, Fisons Pharmaceutical, Heinz, Kraft General Foods, McCormick, McNeil Specialty, Miles/Bayer AG, Nabisco, Servier, Sugar Association, and Weight Watchers International.

Among the uses for sponsors' contributions are the awards to be presented at the meeting. John Brobeck will receive the Distinguished Senior Investigator Award. The Presidents Committee is still reviewing the applications for the Young Investigator awards; the winners will be announced at the meeting.

If you have not yet registered for the meeting, but you would like to attend, it's not too late. Registration for the scientific sessions may be done on site. However, due to the requirements imposed by advance planning, registration for dormitory rooms and the meal plan must be made prior to arrival. Please contact Bart Hoebel as soon as possible if you will be attending.

### Conference Chair

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**Where should we meet** in 1994 and 1995? The society has not yet selected meeting locations for upcoming years. If you have suggestions or are willing to help host a meeting, please submit your ideas to Sue Ritter (Long Range Planning Committee).

## Teaching Workshop

In order to stimulate more interest in, and help members prepare for, the teaching of ingestive behavior at all academic levels, a workshop on the teaching of ingestive behavior will be held Sunday June 28, 1992, at the end of the first independent meeting of SSIB. Regardless of whether you

attend this workshop, please send any materials that you think would be helpful to other members of the society who teach ingestive behavior.

The purpose of the workshop will be to use these materials to develop a suggested core of information that we would recommend for preparing students for making

lifestyle decisions or for careers in the field of ingestive behavior or related fields, such as neuroscience, physiology, psychology, nutrition, sociology, medicine, environmental sciences, agriculture, etc. Please mark and separate materials into one of four categories:

- a) Syllabi and topical outlines
- b) Recommended readings
- c) Laboratory exercises, and
- d) Intellectual exercises (problems and tests).

It would be most helpful under the first category to indicate general paradigms and hypotheses as well as crucial or classic experiments that students should know.

The teaching of ingestive behavior is crucial to the continuation of research in this field. If we do not develop educational materials to pass on to our successors, our own research will eventually be lost to posterity. The goal of the workshop is to determine from the materials presented what will be of most use to most members of the society and to arrange for distribution of the material, in the form of a publication or offset. The possibilities for funding development of ingestive behavior curricula within the context of a scientific and cultural education will also be discussed. Dr. Margriet Westerterp of the Open University, Heerlen, The Netherlands, will present material from her books being prepared for publication. The books will cover the following aspects of Ingestive Behavior: Regulation of food intake and energy balance, Feeding throughout life, and Nutrition, behavior, and toxicity.

Send materials to Dr. Harry R. Kissileff, WH-10, Box E, St. Luke's Hospital, 114th St. & Amsterdam Ave., New York, NY 10025. Any material received by June 5 will be collated and distributed to those who attend this workshop at the time they register in Princeton. Those who have submitted materials in the past need not resubmit unless they have additional information to share.

## Integrated Symposia at the Princeton Meeting

These two-hour sessions are scheduled as concurrent pairs (with the exception of the plenary session honoring Alan Epstein). To reduce the frustration of choosing between simultaneous symposia, they will be videotaped so that they can be reviewed at a later time during the meeting.

Thursday June 25

### Learning and ecological factors in feeding

Anthony Sclafani and George Collier (chairs)  
with Bill Timberlake and Harvey Weingarten

### Monoamines and peptides in neural control of appetite and satiety

Gerard Smith and Steven Cooper (chairs)  
with Sarah Leibowitz, Colin Dourish and Satya Kalra

### Integration of oral and gut factors

W. G. Hall and Harvey Grill (chairs)  
with Susan Mulvey, Gerard Smith and Joel Kaplan

### Caloric compensation for macronutrient substitutes

(*Presidential Symposium*) Barbara Rolls and Mark Bieber (chairs)  
with Leann Birch, David Levitsky, Richard Black and Pamela Haines

Friday June 26

### Metabolism: a framework for understanding feeding behavior

Mark Friedman and Arthur Campfield (chairs)  
with Stelios Nicolaidis and Sue Ritter

### Uterine and neonatal determinants of adult ingestive behavior

Barry Levin and Alan Jones (chairs)  
with Julie Mennella, William Smotherman and David Hill

### Alan Epstein symposium on thirst and salt appetite

(*plenary session*) Kim Johnson and Sandra Frankmann (chairs)  
with Gaylen Edwards, Robert Contreras, Pino De Caro and Randall Sakai

Saturday June 27

### Neuronal plasticity in a hierarchy of networks for feeding

Luis Hernandez and Edmund Rolls (chairs)  
with Zoltan Karadi, Taketoshi Ono and Thomas Scott

### Mechanisms controlling normal and disordered human eating behavior

Suzanne Sunday (chair)  
with Peter Rogers, Harry Kissileff, David Booth and France Bellisle

### Feeding reward and opioids

Elliott Blass and Bart Hoebel (chairs)

with Kenneth Carr, Steven Cooper and Michael Bozarth

### Endocrine factors in the control of feeding and body weight

Stephen Woods and Yutaka Oomura (chairs)

with Toshiie Sakata, James Gibbs and Edward Stricker

# The Columbia Appetitive Seminar

Harry R. Kissileff

The Columbia University Seminar on Appetitive Behavior celebrated its twentieth anniversary on March 19, 1992, with a half day symposium and regular evening lecture, separated by a festive dinner, complete with anniversary chocolate cake. The symposium was sponsored jointly by the New York Obesity Research Center, Columbia University, and the seminar's four industrial contributors, Ciba Consumer Pharmaceutical, Hoffmann-La Roche, Miles Inc./Bayer AG, and PepsiCo. The occasion, attended by fifty people, was an opportunity for both currently active members, as well as those who were no longer engaged in academic research, to reflect on where the research problems of the early seminars had gone and on how their careers had been influenced by the seminars.

Joseph R. Vasselli, rapporteur during the 1980's, presented a brief historical survey of the changing emphases of 100 seminar presentations from the last 10 years. The greatest changes were a drop in obesity models (8 to 5) and increases in macronutrient effects (1 to 4) and liver/metabolic effects (3 to 7). Ontogeny/learning/preference and peptides/hormones stayed the same between 1980 and 1989. To round out his presentation, Dr. Vasselli also conducted a partial survey of the attendance records during that period (based on his recollections of the most frequently-seen faces) and presented ribbons for best attendance to Tony Sclafani (#1, 88.9% attended), Allan Geliebter, Harry Kissileff and Gerry Smith. George Collier got the black ribbon for last place, at only 41.9% attendance (though in all fairness to George it should be noted that he spent one of those years on sabbatical in Brazil).

Anthony Sclafani reviewed the demise of the dual-lipostat hypothesis and pointed out that the loss of interest in funding work on knife-cuts and lesions left many important questions unanswered. Joel Grinker described how her early work on alterations in taste preferences of obese humans and their infants has led to her recent work on the prospective correlation between preferences for sucrose after weaning and susceptibility to obesity induced by high fat diets.

Emil Becker reminded us of the shortcomings of early human studies in which only a few subjects were studied intensively in the laboratory and described new procedures for collecting food consumption data from free living subjects by means of electronic scanners and computerized telephone connections. Multivariate statistical analysis of information from these large groups has been used to predict trends in marketing research. Kenneth Carr related his earlier interests in opioid mechanisms of analgesia to his current work on brain stimulation reward. A key finding was that naloxone which penetrates the blood brain barrier

elevates the threshold for electrically elicited eating, while quaternary naloxone which poorly penetrates the barrier does not elevate the threshold. Followup studies have suggested that opioid activity mediates orosensory incentive reward and serves to sustain feeding once initiated. George Collier presented an overview of the development of his ecologically oriented approach to the control of food intake. The key finding was that rats would work very hard just to get access to a feeder if they were allowed to control the amount of food eaten in the meal. This led to a host of studies on the role of ecological variables in the control of intake.

Finally Harry Jacobs described how his attempts to carry out integrative research on taste and food intake in animals and humans at the U.S. Army Natick Laboratories, led to some wonderfully fruitful paradigms that were ultimately transferred to other institutions, although they were not viable at Natick. His talk entitled "Immortality in Science" showed how research and laboratories may come and go, but good ideas seem to persist and thrive in fertile soil. The evening seminar was presented by Dr. Donald Novin, who discussed the metabolic control of food intake. A novel finding was evidence for increased mitochondrial oxidation under glucose infusion conditions which reduced rabbits' food intake, thereby supporting the hypothesis that food intake is controlled by hepatic substrate oxidation.

The Columbia Seminar in Appetitive Behavior highlights the current ideas, theories, problems, and controversies in the field. Speakers are encouraged to introduce the audience to a theoretical framework as a platform for stimulating discussions of ideas and data.

Harry Kissileff, Seminar Chair, is currently compiling his list of speakers for the 1992-1993 series. The tentative dates for the Thursday evening talks are September 17, October 15, November 19, December 17, January 21, February 18, March 18, April 22, May 20, and June 3. Please contact Dr. Kissileff if you are interested in presenting a seminar. ~~~~~

## NAASO

The 1992 Annual meeting of the North American Association for the Study of Obesity, "From Leanness to Obesity—and Back", will be held September 2-5 in Atlanta, GA. In addition to oral papers and posters, the meeting will include three major plenary sessions: Dietary and system characteristics in the modulation of energy balance, Metabolic communication among tissues and organs, and "To treat or not to treat": Health risks of obesity and obesity treatment.

For more information, contact Dr. Mario DiGirolamo, Department of Medicine, Emory University, Wesley Woods Health Center, Room 208, 1841 Clifton Road, N.E., Atlanta, GA 30329-5102. Tel: 404-728-6486, FAX: 404-524-4676.

## Positions available

Note to employers and candidates: *SSIBlings* has January, May, and September issues each year. The deadline is the middle of the previous month (i.e., December, April, and August 15ths). Remember, these announcements are free!

### Pre- and postdoctoral training at the Monell Chemical Senses Center

Through a grant from the Howard Heinz Endowment, the Monell Chemical Senses Center offers pre- and postdoctoral fellowships and internships for research training. Areas of interest in this multidisciplinary program include food and salt preferences, control of food and mineral intake, and cephalic phase reflexes. Facilities are available for studies in humans (basic and clinical) and animals.

Predoctoral fellowships support graduate students enrolled in an accredited doctoral program who wish to conduct their dissertation research at the Center. Arrangements are made with the sponsoring institution to satisfy requirements for the degree. The fellowship includes a stipend, research supplies and travel to a scientific meeting and the home institution.

Postdoctoral fellowships are available for new doctoral level scientists, although more established investigators seeking specialized training are also encouraged to apply. Support includes a stipend, research supplies and travel to a scientific meeting.

Internships for 2-3 months are intended primarily for graduate students to participate in ongoing research during the summer or for laboratory rotations. Support includes travel to Philadelphia and return, and an allowance for lodging and meals.

For further information, contact Dr. Mark I. Friedman, Monell Chemical Senses Center, 3500 Market Street, Philadelphia, PA 19104. Tel: 215-898-6666.

### Visiting Assistant Professorship

Purdue University hopes to make a five year appointment of Visiting Assistant Professor, non-tenure track, effective August 1992. Research facilities and budget will be available. The candidate will need to teach graduate and undergraduate courses in the psychobiology of ingestion as well as general brain-behavior courses. Formal ads will appear in June and July; Purdue is an Equal Opportunity Employer. Inquires and applications (CV and letters of recommendation) should be sent to T.L. Powley, 165 Peirce Hall, Purdue University, West Lafayette, IN 47907.

### Visiting Assistant Professor/Research Associate

Brooklyn College of CUNY, Department of Psychology anticipates an opening for a Visiting Assistant Professor/Research Associate in Feeding Behavior beginning September 1992. This is a one-year appointment renewable up to five years pending final budgetary approval. The position requires teaching psychobiology courses at the undergraduate

and graduate level. Excellent research facilities are available in the Feeding Behavior and Nutrition Laboratory.

Send Vita, three letters of recommendation and representative publications to Anthony Sclafani, Ph.D., Department of Psychology, Brooklyn College-CUNY, Brooklyn, NY 11210. Review of applications will begin June 1 and will continue until position is filled. An AA/EEO Employer M/F/H/V.

### Research Assistant

The Feeding Behavior and Nutrition Laboratory at Brooklyn College has an entry level position for a research assistant starting June or September 1992. The work involves animal studies on carbohydrate appetite and food preference conditioning. Individuals with a background in psychology, biology, or nutrition and experience with animal research, behavioral test equipment, and computers are preferred. Send Vita and references (with phone numbers) to Anthony Sclafani, Ph.D., Department of Psychology, Brooklyn College - CUNY, Brooklyn, NY 11210. An AA/EEO Employer M/F/H/V.

### Research Assistant or Associate

Dr. Harry R. Kissileff, St. Luke's Roosevelt Hospital, New York, NY 10025 (212-523-4200) has an entry level position available for conduct of studies on human eating behavior. The work entails recruiting and testing human subjects on measurements related to eating behavior and responses to a variety of physiological and psychological manipulations. Candidates should send resume, references with phone numbers, and transcripts directly to Dr. Kissileff. Salary is competitive and depending on experience ranges from \$20,000 to \$25,000 annually. Bachelor's, Master's or Ph.D. required in psychology, biology, chemistry, nutrition, or physiology.

## Reading List

- Johnson, A.K. (1990). Brain mechanisms in the control of body fluid homeostasis. In C. V. Gisolfi and D. R. Lamb (eds.), *Perspectives in exercise science and sports medicine, vol. 3: Fluid homeostasis during exercise*. Benchmark Press, pp 347-419. An extensive review, one of the "lost chapters", with nearly 400 references!
- Schulkin, J. (1991). *Sodium hunger*. New York: Cambridge University Press. ISBN 0-521-35368-8. \$49.50. Cambridge University Press, 40 West 20 St., New York, NY 10011-4211.
- Sokolov, R. (1991). *Why we eat what we eat. How the encounter between the New World and the Old changed the way everyone on the planet eats*. New York: Summit Books. This is an interesting way to contemplate food habits during the quincentennial. Simon and Schuster Building, Rockefeller Center, 1230 Avenue of the Americas, New York, NY 10020.
- Mela, D. (ed.) *Dietary fats: Determinants of preference, selection and consumption*. In press; due in July 1992. Elsevier Science Publishers, Crown House, Linton Road, Barking, Essex IG11 8JU, England. Tel: 081-594-7272, FAX: 081-594-5942.

## From the Editor's Desk...

The deadline for the Fall issue of *SSIBlings* is August 15. If you're writing more than a few paragraphs, please try to send an electronic copy, i.e., computer disk or E-mail (KACKROFF@BKLYN).



If you're attending the meeting in Princeton, please write and tell me your impressions of our first independent conference. I'll include your comments in the next issue if you indicate that they can be published. (If you want to register your remarks privately, I'll refer them to the appropriate people.)

The issue of our latest directory brings up the issue of **reporting changes of address**. Send the information to the treasurer, Suzanne Sunday, who maintains the SSIB membership database. If your E-mail address changes, please notify Harry Kissileff, who maintains the *INGEST* bulletin board for the society. Our communication is most effective when the directory is accurate—please help!

As Barbara Rolls indicated in her letter (page 1), a membership application is enclosed with this mailing. Please note that if you are already a member, you do *not* need to use this form to continue your membership in SSIB—you will receive a dues notice later this year. The application is for recruiting purposes, so that you can encourage students and colleagues to join the society.

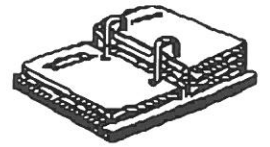
Dr. Smith reports that, to his amazement and considerable dismay, he has not recruited a single person to share his avowed interest in "pleasure".

### Current Corporate Sponsors of the Society for the Study of Ingestive Behavior

Campbell Soup Company  
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Hoffmann-La Roche  
International Life Sciences Institute-North America  
Kraft General Foods  
McCormick  
McNeil Specialty Products  
Miles Inc./Bayer A.G.  
Nabisco  
Servier Amerique  
The Sugar Association  
Weight Watchers International

## Calendar

These are the scientific meetings recorded on SSIB's calendar so far. Contact Karen Ackroff to add items to this list, which appears in every issue.



May 29-30

Memorial for Alan Epstein,  
Philadelphia, PA

June 24-28

SSIB's first independent meeting,  
Princeton, NJ

July 27-30

Intercontinental Conference Series on Food Choice (ICSFC): 1st food choice conference, a satellite meeting of the International Psychology Congress, Brussels

Sept 2-5

NAASO annual meeting, Atlanta, GA

Oct 25-30

Society for Neuroscience, Anaheim, CA

1993:

- Eastern Psychological Association meeting, Arlington, VA, April 16-18.
- International Congress on the Physiology of Food and Fluid Intake (ICPFFI), in Oxford, July 28-30.
- ICSFC: 2nd food choice conference, a satellite meeting of the International Union of Nutrition Science Congress, in Canberra, October 1-3.

## Re: AChemS

According to the banner of its newsletter, AChemS, the Association for Chemoreception Sciences, is a society "for research in chemical senses and the advancement of understanding of chemosensory mechanisms in health and disease". The society intersects with the interests of SSIB in the areas of olfaction and taste influences on ingestive behavior, and a number of people are members of both societies.

Sandra Frankmann would like to promote an increase in communication between SSIB and AChemS. She is organizing a special interest social, "Brainstem integration of taste and ingestive behavior", at this year's meeting of the Society for Neuroscience in Anaheim. The social will be on Thursday evening, October 29, from 5:30 to 7:30 pm. More information will appear in the September issue of *SSIBlings*.

In the meantime, if you would like more information about AChemS, please write to the secretary of the society, Dr. John W. Scott, at the Dept. of Anatomy and Cell Biology, Emory University, Atlanta, GA 30322.



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