News from the President

James Gibbs
Cornell University Medical College

Funding is—for most of us—the biggest obstacle to doing good science. This problem is not likely to change dramatically in the near future. What can be done to improve our situation? As individuals, we feel helpless as we confront governmental budget fluctuations and the sometimes narrowly targeted research aims of drug and food industries. As a Society, however, we can work effectively at both the federal and the corporate levels to improve funding opportunities. The Officers and Board of SSIB are engaged in both areas.

At the corporate level, it is clear, as one industry representative told me recently, that “the days of philanthropy are over”. Nevertheless, after talking about what is really our joint problem with several directors of research from food and drug companies, I am convinced that there are possibilities for collaboration and support.

These companies, both in the United States and abroad, need to maintain contact with frontline investigators in all research areas related to energy balance. While adept at exchanges with their counterparts in other companies, their representatives are sometimes uncertain as to how to proceed in contacting academic scientists. As a Society, we can contribute positively to improving communication. We are currently reaching out to industry as part of our fund raising effort, and urging our corporate colleagues to join SSIB as individuals and also to create a corporate presence at the upcoming meeting in Pécs, Hungary, in July.

SSIB has strengths that appeal to industry. Our fast-growing international character holds great interest to large corporations that must have a global market. Traditionally, we have been supportive of students and young investigators, and most of the company representatives I spoke with mentioned this as a special interest. They understand that outstanding young scientists are the academic and corporate leaders of the future, and they want to support creativity. Finally, we have an enviable reputation as a collegial scientific group—unusually open, generous, and welcoming. We must continue to develop all of these strengths.

Corporate representatives have also identified weaknesses in SSIB. It is not always clear to their administrations how supporting "digestive behavior", per se, is vital to their development of a product aimed at, for example, lipid metabolism or absorption. We can do better at articulating the fact that any such product must sooner or later confront inevitable homeostatic behavioral adjustments. And, because they may seem too obvious to us, we do not consistently make the important links between our own focused research and the broader issues of financial interest to a corporation—development of a product for the treatment of cancer anorexia or obesity. How, precisely, does your work pertain? Where does your piece of the puzzle fit?

We need to improve the representation of racial and ethnic minorities in our membership. Not only is it the right thing to do. In this issue...

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do, but industry is particularly sensitive to this issue. Clearly we have failed to make the special efforts required to recruit minorities. I hope each member of SSIB will be alert to such possibilities and make them a priority for personal attention.

As a Society, our first step toward addressing all of these industry issues will be the formation of a Committee for Corporate Relations, composed of SSIB members in industry or having previous corporate experience. This move is under way.

At the federal funding level in the United States, major changes are taking place, as you know, in the organization of NIH study sections. These changes have moved beyond the Integrative, Functional, and Cognitive Neuroscience proposals that Dr. Susan Yanovski (NIDDK) and Dr. Jules Selden (NIAAA) presented to us at the Baltimore meeting. The Center for Scientific Review (formerly the Division of Research Grants) has undertaken a review of the assignment of all behavioral and social science applications. I am pleased to tell you that Past-President Tim Moran has volunteered to head our efforts in this area. As an experienced Study Section member, Tim will be a particularly strong representative of SSIB interests at NIH.

On all of these important issues, and most especially minority representation, I need and seek the ideas and suggestions of the membership. Please contact me at any time.

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**Financial assistance to attend the Pécs meeting**

The Society will try to provide financial aid to members who would not otherwise be able to attend the next annual meeting, to be held in Pécs, Hungary, 5-8 July 1998.

At this time, we anticipate that awards should cover registration and meals, and may significantly defray the cost of local housing. Award decisions will be made individually, without regard to country of origin, and will be based on the applicant's financial need and the resources available to the Society. Support will be independent of the traditional SSIB Young Investigator Travel Award program.

Applications for financial aid and for the Young Investigator Travel Award have been mailed with this issue. The deadline for completed applications is February 1, 1998. Applicants will be notified of decisions by February 10, 1998. Abstract deadline is February 20, so you will know before you submit whether you will receive assistance, and can plan accordingly.

If you receive an award, you will be expected to contribute an oral or poster presentation to the program. Only members whose 1998 dues are paid (deadline: December 31, 1997) will qualify. Note that non-members who may wish to apply for an award must have submitted membership applications by December 31, 1997; non-United States students or scientists can join the Society at no charge for one year (1998), but they must have submitted membership applications by the same date.

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**ICPFFI-SSIB '98 update**

Arrangements for next year's joint meeting with the International Conference on the Physiology of Food and Fluid Intake in Pécs have progressed since the last issue of SSIBlings. As of December 1st, preliminary registration exceeds 190 people, and is expected to increase. Preliminary reservations, arrangements (accommodation, conference facilities, meals, social programs, etc.) have already been made.

Because the meetings will occur during "tourist season", those who plan to attend should begin working on travel arrangements. The following information was available at press time.

SSIB has negotiated with Air France for discounted fares for US travelers. The discounted rate will be available through Rich World Wide Travel (see flyer enclosed). The contract allows for round trip travel from any Air France US gateway via Paris to Vienna (160 miles to Pécs) or Budapest (110 miles to Pécs). For those interested in attending the Dijon meeting, it will also be possible to have a stopover in Paris, for an additional fare, but as part of the round-trip ticket. This is not a group discount rate, but one which allows for individual preferences in dates of travel and itinerary. Please contact the travel agency for more information.

Travel between Paris and Dijon: Simon Thornton reports from Dijon that there is one train that goes directly from Charles de Gaulle to Dijon at 19:26, in the early evening. There is an early train directly back in the morning at either 6:35 (Mon-Fri) or 7:56 (Sat-Sun) arriving at 8:23 and 9:51 respectively. Most flights from the US to Paris arrive between 8 and 11 am; those travelers could check their bags at the DeGaulle train station and spend the day in Paris.

Travel from Budapest to Pécs: From Budapest, minibus airport limousine service is available from Ferihegy Airport directly to Pécs. The minibuses carry up to 8 people depending on the volume of luggage; the ride costs about $20-30 US per person at presently calculated prices.
SSIB 1998 Annual Meeting with ICPFFI in Hungary

The 12th International Conference on the Physiology of Food and Fluid Intake (ICPFFI XII) and Joint Meeting with the Society for the Study of Ingestive Behavior (SSIB Annual Meeting, 1998) will be held at the Pécs University Medical School in Pécs, Hungary, July 5–8, 1998. The purpose of the meeting is to foster communication among scientists interested in the regulation of ingestive behavior, from both basic science and clinical perspectives. The conference will include symposia, free presentations and poster sessions. There will also be plenary lectures by invited speakers.

SSIB Members will soon receive the Second Circular with further details. See the other stories in this issue and enclosures for details on travel possibilities. The registration deadline is February 20, 1998.

The registration fee is $200, the late registration fee is $275, and the abstract fee (for publication in Appetite) is $30. North American members can send these fees to the SSIB executive office for forwarding. A variety of accommodation facilities (from student dormitories costing as little as $15 US per night to two or three star hotels at somewhat higher cost) will be available to the participants of the conference.

For more information (or if you have not received the First Circular yet) contact the local organizers (Conference President: László Lénárd, Conference Secretary: Zoltán Karádi), the IUFS Commission Chairman Art Campfield or the SSIB Officers: President Jim Gibbs, Executive Officer Harry Kissileff, Program Committee Chairman Nori Geary.

ICPFFI XII - SSIB ANNUAL MEETING 1998
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These meetings are timed so that it is possible to attend both (see travel information in this issue).

European Institute for the Chemical Senses hosts first meeting

The inaugural scientific conference of the Institut Européen des Sciences du Goût et des Comportements Alimentaires (European Institute for the Chemical Senses) will take place on the campus of the University of Bourgogne, Dijon, over 3 days, 1-3rd July with each day having a specific theme related to the interests of the Institute.

The first day will be Food and Fluid intake/Ingestion, the second day Sensory analysis/ Food Industry and the third day Chemical Senses: Olfaction and Taste. Each day will have both oral and poster presentations from 9:00 to 18:30. Posters relating to the three themes will be up for the entire meeting and each day one third of them will be presented. The second day will finish early to accommodate an excursion to a local historical site and the official dinner of the conference, probably in a chateau of one of the famous wine growers of the region.

Finance is being secured to partially cover local expenses. A letter containing detailed information on how to get to Dijon, the final program and the registration and accommodation forms will be sent out towards the end of January. For more information contact

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January 1998
Highlights of the SSIB Board meeting
Danielle Greenberg, acting Secretary

The Board of Directors Meeting was held in conjunction with the Annual Meeting of the Society for Neuroscience in New Orleans, LA on October 27, 1997 and was chaired by President James Gibbs.

Gary Schwartz presented the Report from the 1997 SSIB Annual Meeting in Baltimore. As in previous years, and in accordance with Board directives, the meeting costs were met by registration fees. The attendance at the Baltimore meeting was 203 total registrants including 22 new members. The Board commended Gary Schwartz and Tim Moran for their excellent organization of the Baltimore Meeting.

Treasurer Joe Vasselli summarized the Finance Report. The Society is in a good financial position at this time; however, it is important to raise additional funds to maintain this situation without resorting to future dues increases. Joe Vasselli initiated a discussion of the Society’s involvement in corporate fund-raising. He had met with Jim Gibbs and Barbara Rolls to develop a potential contributors list in conjunction with NAASO. Jim Gibbs noted that for successful solicitation of funds from corporate sponsors it is necessary to approach a specific person with whom one already has an ongoing relationship. Jim Gibbs also noted that it is particularly important to compile a list of possible corporate contacts immediately since the end of the corporate fiscal year is the time that moneys for this purpose are most available. Jim Gibbs also noted that it was especially important to obtain new corporate sponsors since Wyeth-Ayerst, previously a major contributor, would no longer sponsor the Society. If you have contacts with corporations that might be willing to sponsor the Society, the Board requests that you contact a board member or the President.

Danielle Greenberg presented the membership committee report prepared by Suzanne Sunday. There are currently 583 members including 484 regular, 65 student, 18 associate, 6 emeritus and 10 corporate members. Increasing membership is a goal of the Society and possible liaisons with other societies were discussed. For example, there are many graduate students who are primarily molecular biologists but study systems involved in ingestive behavior; they could be recruited for SSIB by contacting their mentors. Jim Gibbs is interested in recruitment of foreign scientists, especially those from South America. Some of these investigators have expressed interest in the Society and would be interested in hosting a meeting in Mexico. In her written report Suzanne Sunday had suggested formalizing the process by which foreign members who found the level of dues a hardship could have their dues waived. The board moved to make it a formal SSIB policy that any non-USA or Canadian member be eligible for 1 year of free membership upon joining. It also moved that the membership application be amended to state that “In cases of financial hardship dues exemptions can be requested”, and that decisions regarding any such requests would be made by the Executive Officer and the Treasurer.

Steve Cooper updated the status of EuroSSIB. Marion Hetherington is now treasurer. It was suggested that possible members be recruited using the Pécs mailing list. A target of 100 new members was mentioned for EuroSSIB; its expansion remains a priority for SSIB. EuroSSIB will be holding their first independent meeting in Dublin in 1999.

As a member of the organizing and program committee Nori Geary reported on Annual Meetings. For the Pécs meeting James Fitzsimmons will receive the annual Distinguished Investigator Award. As much money as possible will be raised from corporate sponsors for young investigators. Treasurer Joe Vasselli noted that approximately $6,000 was available from SSIB for sponsoring the meeting and again noted the need for corporate support. The board moved that SSIB will take requests for travel assistance for those who would otherwise NOT be able to attend. These requests would need to be received by February 1, and travel assistance will be available only to those individuals who are members of SSIB as of January 1, 1998. The Young Investigator travel awards are a separate category of assistance; those awards will be decided by the committee of Presidents.

Treasurer Joe Vasselli presented the Proposed SSIB budget for 1998. The projected income includes dues ($28,100), interest on the money market funds and CDs ($2,400; which has typically not been used but has been reinvested), and earnings from the 1997 Annual Meeting ($11,500), for a total of $39,600 excluding the interest income. The current holdings as of October 1, 1997 total approximately $43,200. The projected expenses for the remainder of 1997 including administrative expenses and plaques for retiring officers are $5,100. The projected expenses for 1998 included the new items of office rental and costs for the executive office ($11,000), a web page ($2,000) and money to print the book ($4,000). Additionally this year are costs for printing and mailing a new directory ($4,500) and continuing costs for SSIBlings ($4,750), awards ($8,750) and miscellaneous expenses including travel for officers ($500).

In a discussion of the budget the $4,000 for producing the book Ingestive Behavior Protocols be offset by the sale of the book. If insufficient money appears to
be forthcoming from the sale of the book then other alternative means of publishing this work will be investigated.

Neil Rowland reported on the 1999 meeting in Florida and noted that three options had been explored: a joint meeting with the Association for Chemoreception Sciences (AChemS) in April or a SSIB meeting in Gainesville or Clearwater FL. After discussions with Tom Scott representing AChemS, it was apparent that both the timing of the meeting (which was counter to the SSIB policy of having meetings in late June to mid August) and the length of the meeting would make this option untenable. Holding the meeting in Gainesville was also constrained by available dates for dormitories and meeting rooms. Thus Rowland proposed holding the meeting at the Sheraton Sand Key in Clearwater FL and it was decided that the meeting will be held at the Clearwater site in July 1999.

President Jim Gibbs reported on the invitation from Stylianos Nicolaides for SSIB to participate in the Millennium Symposium to be held in Dijon France in 2000. The proposed brilliant meeting would be relatively large (300-400 attendees) and include SSIB, EuroSSIB and others. Nicolaides already has considerable funding available for meeting support. As the meeting will end at the time of Bastille Day in the year 2000 a celebration is planned. The meeting is being proposed to have scientific excellence but also to represent a considerable celebratory spirit.

EPA liaison Bart Hoebel reported on the upcoming EPA meeting, which will be in Boston MA on February 28-March 2 1998. Robin Kanarek will be the local organizer and will be organizing a dinner and the 5 min talks. In addition there is going to be an SSIB dinner where Paul Rozin will be the after dinner speaker. EPA has instituted the policy of having a featured society for each meeting and for the 1998 meeting SSIB will be the featured society. Included in this are organized symposia and the SSIB dinner. Suzanne Sunday has organized both a Continuing Education course, with credit available through APA and an integrated animal and human work symposium. At the CE course speakers will be Jimerson, Halmi, and clinicians from the Boston area. At the integrated symposium the speakers will be Jimerson, Halmi, Sunday, and Liebowitz. Thus the EPA meeting appears to be one of especial interest to SSIB members.

Discussion was given to other societies with which SSIB might liaison. Dorothy Gietzen reported on a possible liaison with the Nutrition society which was formerly AIN but is now called the American Society for Nutritional Sciences (ASNS). She has spoken with her colleague Bob Rucker who is President of ASNS. Dr. Rucker is very receptive to the idea of a collaboration at the annual meeting of ASNS and SSIB. There was further discussion of liaison with The American Physiological Society (APS) as well. Kim Johnson is amenable to SSIB having a special guest Social with the water and electrolyte balance group at APS. Meeting with other societies was deemed important and beneficial both to increased membership and having ingestive behavior ideas exposed to possible grant reviewers in other fields.

I would like to especially thank Suzanne Sunday and Jim Gibbs for the opportunity to serve as acting secretary.

Enclosed with this issue (as of press time):
• Application information for the Young Investigator Travel Award (for SSIB Student members)
• Application for travel assistance (for members who would otherwise be unable to attend)
• Travel information for North American members (SSIB-negotiated reduced fares)
• Call for titles/dinner registration for SSIB meeting at EPA

February 1, 1998—Applications due for financial aid and Young Investigator Travel Award
February 13—Call for titles for EPA due
February 20—Abstracts due for Annual Meeting in Pécs, Hungary
February 27—Spring meeting at EPA, Boston
March 27—Ballots due
April 15—SSIB/ings deadline for May issue
April 27—Neuroscience abstract postmark deadline
July 5-8—Annual Meeting, Pécs, Hungary

January 1998
WORD BITES
Sandra P. Frankmann, book editor
Karen needs all the help that we can give! In that spirit, I have reviewed two novels that are pertinent to what we all study (perhaps for a cloudy February weekend read?). In future editions of SSIBlings we will also have reviews of professional publications of interest to us all and in the next issue we will have a review of the Society's first publication "Ingestive Behavior Protocols". If any of you have suggestions or would like to review a publication, please let me know... spf3@cornell.edu.

The Debt to Pleasure
John Lancaster.
This book, acclaimed by The New York Times Book Review and Long Listed for the Booker Prize is a delight. As the preface states "This is not a conventional cookbook" and indeed it is not a conventional murder mystery either. Protagonist Tarquin Winot evolves a story of love of food and love of life; life unencumbered by the irritating presence of "needless" others. This novel offers a delightful tour of food and of Provence, all the while slowly building to an inescapable yet unprovable climax.

The Mistress of Spices
Chitré Banerjee Divakaruni.
This tale of magical realism is woven of sensual pleasure, exotic spices and immortal Spice Mistresses. Tilo, "Mistress of Spices" listens to the spices and helps others who come to her spice shop in Oakland, California. A Mistress is to keep emotional distance from those she helps, is not to be part of the outside world and is to love only the spices. Yet Tilo, by her nature, pushes the boundaries and not only helps a sorrowful young picture bride ("...turmeric, shield for heart's sorrow, anointment for death, hope for rebirth."), entering the outside world to do so, but also is tempted by love.

Post Script: For those of you who like movies with a food emphasis, a recent candidate for "The Ultimate Meal" movie is "The Big Night".

Satiation: From Gut to Brain
Gerard P. Smith, editor
A new book, not yet reviewed; this is the publisher's summary.
"Unless we stop eating by choice--for medical or social reasons--an unconscious physiological process is triggered through negative feedback from ingested food as it travels from the mouth through the stomach and on to the small intestine. The process is called satiation. Recent scientific evidence has revealed that food stimuli activate this process before the actual absorption of digested food, which significantly changes the traditional perspective that satiation depends on the post-absorptive repletion of metabolic fuels.
This volume presents the first detailed account of the neurobiological mechanisms of satiation, incorporating the latest scientific research. Ten chapters detail the neural, endocrine, and cellular underpinnings of the process. Authors expert in different aspects of satiation have compiled a critical overview of recent advances and current problems in this field. The inclusion of a chapter on the satiation of alcohol is unique in a book on food intake, and shows the convergence of ideas on satiation in these two areas. Satiation: From Gut to Brain is an authoritative and up-to-date review of every aspect of this important physiological process intended primarily for neuroscientists, nutritionists, and psychobiologists. The book will also be useful for physiologists, pharmacologists, and psychologists concerned with eating and its disorders."
Contents:
Pregastric and Gastric Satiety (Gerard P. Smith)
Intestinal Satiety (Danielle Greenberg)
Measuring Satiety: From Meal Size to the Microstructure of Ingestive Behavior (John D. Davis)
The Satiating Effect of Cholecystokinin and Bombesin-like Peptides (Gerard P. Smith and James Gibbs)
Identification of Receptor Populations Mediating the Satiating Actions of Brain/Gut Peptides (Timothy H. Moran and Ellen E. Laddenheim)
Glucagon and the Control of Meal Size (Nori Geary)
Insulin as a Satiating Signal (Dennis A. VanderWeele)
Serotonin and the Structure of Satiation (Kenny J. Simansky)
Satiation of Alcohol Intake (Paul J. Kulkosky).
SSIB featured at EPA in February

Bart Hoebel is President of the Eastern Psychological Association (EPA) this year. He has prepared an appetizing menu for us at this year’s meeting. He writes:

Suzanne Sunday suggested that EPA feature an allied society each year. EPA agreed and promptly chose SSIB. There are relatively few ingestive papers and posters, but roughly 20 scientists from SSIB are coming for the eclectic science, for the fun and to educate the others in attendance (there will be approximately 850 presentations). Here are some of the innovations, along with traditional events and SSIB speakers that will make this an interesting and enjoyable meeting (note the SSIB short-talk dinner form enclosed with this issue).

Books, continued from page 6

The Lower Brainstem and Bodily Homeostasis
William W. Blessing

Another new book, with aspects of interest for students of feeding behavior.

“The neural integration of behavioral and physiological aspects of bodily homeostasis viewed from the standpoint of the lower brainstem, particularly the medulla oblongata, is the subject of this book. Functions covered include breathing, regulation of arterial pressure and blood flow to the tissues, arousal and nociception, and eating and metabolism. A concluding chapter, devoted to the human, includes an anatomical atlas of the human lower brainstem. Emphasis is placed on anatomically-established neural circuitry rather than on poorly characterized functional centers. The book stresses the role of the visceral information that reaches the brainstem via afferent components of the lower cranial nerves, including the vagus. Homeostatic functions involve changes in behavior and in internal physiological functions—an integration achieved by the nervous system functioning as a whole.”


EPA Dinner (new): If you register for EPA, you will be able to sign up for a gala dinner, the kind where you find an old friend or meet new ones, and everyone eats together around big tables. After dinner we will be treated to a talk on "Fear of Eating" by Paul Rozin. The EPA dinner is on Saturday night (SSIB’s dinner is Friday night).

Continuing Education Course (new): There will be a course on Anorexia and Bulimia cosponsored by APA and organized by Suzanne Sunday, with Katherine Halmi and others.

Party Time (new): There will be four suite parties.
—The Socially-Personable-Developmental Party
—The Sensationally-Perceptive-Cognitive Party
—The Healthfully-Clinical-Counseling Party
—The Biologically-Comparative-Animal Party

Integrative Symposia: George Collier and I started a new series of symposia funded by APA and designed to treat one topic from many points of view across psychology. This year it will be on eating disorders with Suzanne Sunday, Katherine Halmi, Sarah Leibowitz and David Jimerson.

The Model Lecture: This is a lecture you can take home and use in teaching Psych 101. It will be given this year by Jim Kalat.

Speakers: Other speakers include Bart Hoebel and Tom Carew plus oral presentations by Paul Fedorchak et al, Mary Leszczuk and Charles Flaherty, and Patricia Grignon et al.

SSIB Dinner and Short Talks: This year’s SSIB get-together is being arranged by Robin Kanarek for Friday evening February 27. Contact her if you plan to be in the Boston area (rkanarek@pearl.tufts.edu).

You are invited to register for EPA in Boston February 27-March 1 by filling out the form on the EPA Home Page: www.easternpsychological.org. To receive further information about EPA meetings via low volume e-mail, please address an e-mail message to listserv@apa.org. In the body of the message type the only following two words: SUBscribe EPAmembers. SSIB members can subscribe without being an EPA member. To get the program, e-mail Gary Brosvic (epaxo@aol.com), and be sure to contact Robin about the SSIB dinner. We hope to see you the next evening as well, at the SSIB tables for the dinner with Paul Rozin.
More Reports from Washington

In the last issue, Tom Scott and Jim Gibbs gave us their impressions from the visit to legislators in Washington organized during the Baltimore meeting in July. To complete the picture, we have Bart Hoebel’s report and an invitation from David Ramsay.

Thanks to arrangements made by David Ramsay, several SSIB members visited our Representatives on the way to the SSIB meeting in Baltimore. It was a hot day, a strange day and a beautiful day. It was hot due to the temperature and the anticipation, strange to see elected representatives in office suites smaller than a pair of standard hotel rooms, and beautiful to feel a part of democracy in action.

Visiting one’s representatives is nothing like voting. If all you have done is voted, you have not been there. I thought studying the issues and voting was the essence of democracy and that prompting organizations to lobby was the epitome of democracy, but I have a new appreciation, or at least amazement, of democracy at work after being there, even for such a short time. We came away with a feeling of awe that we could get so close so easily. It was exciting to talk to these people for a few minutes before they raced off to a committee meeting. The halls of the house and senate office buildings were full of people racing around. In the House of Representatives, black and female Representatives on the left were arguing with white males on the right. It was tingling to stare back at statues of patriots of bygone years and image Thomas Jefferson at his desk. It was an education we shared with hundreds of tourists. Why I had never done it before, I will never know.

It is certainly better than my favorite movie I have seen four times at the Air and Space Museum. But neither the Capitol nor the Smithsonian is anything like talking to one’s representative. As tourists, they were onlookers; as messengers to our representatives, we felt influential. This memo to SSIBlings is to suggest you do it the next time you are in Washington. Just call ahead and make an appointment. It is that easy, or ask David Ramsay to help you.

When you get to your Representative’s office, the link is always the staffer (often a recent college graduate). APA’s training course advises you to be direct (focus on one issue), informative (your own view with backup info), constructive (not complaining), political (hometown relevance), discriminative (hit key issues), inquiring (ask for their view), available (offer more info) and appreciative (give thanks). —Bart Hoebel

I am pleased to hear that those members who made the trip to Washington to visit Congress during the Baltimore meeting found it to be profitable. The establishment of personal contact with your own congressional delegation can have a powerful impact on legislation. Do take the time to establish relations with the member who represents your district in the House, and with your Senator. Invite them to your institution to see your program. If you are in Washington for a meeting, extend it for half a day and meet with your Representatives on the Hill. If you need help to set up appointments, contact me for help at 410-706-7002 or e-mail dramsay@umaryland.edu. It really does make a difference.

—David Ramsay

EuroSSIB Goes Live!

Steve Cooper

Jim Gibbs’ mission, as President, is to enhance the international dimension of SSIB, and a first step is to have an international membership drive. EuroSSIB has an important part to play in attracting European scientists in the ingestive behavior field to join SSIB, and concurrently to become members of EuroSSIB.

Non-elected officers of EuroSSIB are Steve Cooper (Durham University, UK) who is acting as General Secretary, Martin Yeomans (Sussex University, UK) as Membership Secretary, and Marion Hetherington (Dundee University, Scotland) as Treasurer. This group will get things going, before nominations are called for elected positions.

As a real incentive to join, The Board of Directors has agreed that Europeans who join will benefit from the year’s free membership. This is a very important step in persuading people to try out SSIB and EuroSSIB to see if they suit their needs. Martin is directing a membership drive in consultation with Harry Kissileff.

EuroSSIB plans to stage a meeting in Dublin, in August 1999. This plan has Jim Gibbs’ enthusiastic endorsement, and he wants poetry sessions with the Guinness tasting. Other suggestions are equally welcome. ALL SSIB members will be invited to attend this inaugural meeting in the city of Joyce, Swift, Wilde and many others.

Visit EuroSSIB at
http://www.dur.ac.uk/~dps6jpd/esib.htm
Also, look at the British Feeding and Drinking Group site at
http://www.dur.ac.uk/~dps1sh/bfdg.html
US Science Initiative

In October 1997 a panel of science leaders met with the Science Committee of the US House of Representatives to discuss a new initiative in science. Speaker Newt Gingrich told the assemblage of thirty nationally recognized science leaders that the science community should start with a vision, then develop strategies, then develop projects, and finally implement tactics that would carry it forward a human generation. Developing these ideas, Gingrich suggested that we need to first focus on the vision, and summarize it in a single page, because it changes how we will be able to answer the big problems and avoids getting tangled in projects that are of no use to us. This must start, he said, by asking 1) what is our purpose over the next generation or more? 2) how do we organize for that purpose? 3) how should we allocate resources for that purpose? and finally 4) how do we know we are making progress? After developing the strategy, he said, we need to focus on projects that are definable, delegatable achievements. Gingrich also urged direct face-to-face dialog between scientists and the Members of Congress, not filtered by intermediaries. He said that this direct dialog would greatly increase the effectiveness of Congressional policy development.

This is reminiscent of the efforts of Bart Hoebel a few years ago to get US SSIB members to interact more with their representatives in Congress to promote science funding by illustrating its importance. After the October meeting, Marty Seligman, current president of the American Psychological Association, requested suggestions for broad topics that could be conveyed to Congress for the new initiative. Bart answered on behalf of SSIB, suggesting "Eating for Health". He noted that this could include the elimination of malnutrition in the US, research, prevention and treatment for obesity and eating disorders and perhaps be expanded to include Koop's Shape up America! agenda on eating and exercise. SSIB is fortunate to have members who are willing to spend some time on these efforts. Now we need people to join the process!

(Excerpted from the e-mail news of the Council of Scientific Society Presidents, forwarded by Bart Hoebel.)

Editor’s Note: I would like to include reports from other countries on the status of funding for ingestive behavior research, and on ways that people have promoted their work to governmental and private funding agencies. Please write to me!

http://

The SSIB home page URL is
www psy jhu edu/~gjs/ssib html

The new EuroSSIB site is
www dur ac uk/~dps6jpd/esib htm

The EPA Web site is
www easternpsychological org

SSIBlings is published three times a year.
Your contributions to the newsletter are welcome!

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How to INGEST

There are two e-mail addresses associated with the INGEST mailing list; one is for sending messages to all the subscribers, and the other is for administrative matters.

—The “list address”:
    ingest@cuvmb.columbia.edu
Send a message to everyone currently on the list by mailing it here. LISTSERV makes copies for all the people who have subscribed.

—The “LISTSERV address”:
    listserv@cuvmb.columbia.edu
Send all administrative commands here, formatted as separate lines in the body of the message because they are handled automatically by the server. These are the commands:
    SUB INGEST to subscribe. You will be placed on the list within a few days.
    REVIEW INGEST to receive a list of current list members and their e-mail addresses.
    UNSUB INGEST or SIGOFF INGEST to unsubscribe (leave the list).

If your e-mail address is changing, please UNSUBscribe before the old address expires, and SUBscribe using your new address to continue receiving SSIB mail.
Positions available

Postdoctoral Positions - Monell Chemical Senses Center

NIH-sponsored postdoctoral positions are available to conduct studies on (1) the physiology of salt or calcium intake in rats, or (2) the genetics of alcohol intake in mice. We are particularly interested in applicants experienced with biochemical analyses of CNS steroid receptors, gustatory electrophysiology, or molecular genetics. However, applications from individuals with other backgrounds are also invited. Please send CV and names of references to Dr. Michael Tordoff at the Monell Chemical Senses Center, 3500 Market St., Philadelphia, PA 19104-3308, phone (215) 898-8680, e-mail: tordoff@monell.org

(3) A postdoctoral position is available immediately to study the role of pre- and post-natal sensory experiences on later flavor preferences in human infants. Send letter of interest, curriculum vitae and the names of three references to: Julie Mennella, Ph.D., Monell Chemical Senses Center, 3500 Market Street, Philadelphia, PA 19104-3308; e-mail: mcnell@monell.org.

(4) A postdoctoral position is available to study cellular and molecular mechanisms involved in the generation, transduction and neural transmission of metabolic signals that control food intake. Send letter of interest, curriculum vitae and the names of three references to: Dr. Mark Friedman, Monell Chemical Senses Center, 3500 Market Street, Philadelphia, PA 19104-3308; e-mail: friedman@monell.org.

(5) Postdoctoral Position available immediately for a Ph.D. in neuroscience or related area in a multidisciplinary, NIH-funded lab investigating basic mechanisms of mammalian olfactory receptor cell function and the roles of insulin and insulin-like growth factors in the olfactory system. Training in molecular biology and/or neuroanatomy preferred, but candidates with other areas of expertise (e.g. biochemistry, cell biology) will also be considered. Send CV and names of three references to N. E. Rawson, Ph.D., Monell Chemical Senses Center, 3500 Market St., Philadelphia PA 19104-3308. E-mail: rawson@monell.org

(6) Jr. Research Specialist. Full-time position in cell/molecular biology laboratory studying olfactory neuropathology. B.S./B.A. in biology or related experience in some/all of the following: histochemistry, molecular biology (PCR, RNA extraction, Northern/RPA, PAGE); small animal handling/surgery. Excellent record keeping and organizational skills; ability to work with minimal supervision. Send resume and salary history to: Monell Chemical Senses Center, Dept. NR, 3500 Market St., Philadelphia PA 19104-3308.

Monell provides a strong multidisciplinary environment for basic research, with over 50 Ph.D.-level scientists studying chemosensory issues, including animal and human ingestive behavior and nutrition. The Monell Chemical Senses Center is an Equal Employment Opportunity / Affirmative Action Employer and encourages applications from women and minorities. For more information see: www.monell.org

Research Associate in Biopsychology

A position is expected to be available beginning September 1, 1998 for a full-time Research Associate (RA) in the lab of Don Coscina. The successful candidate must have a Ph.D. in Biopsychology / Behavioral Neurosciences; post-doctoral research experience is also highly desirable. The research thrust is on the neurochemical bases of food intake and body weight regulation using animals. Current projects focus on the role of brain serotonin and its interactions with other neuroactive compounds in the regulation of food intake, diet selection, brain reward mechanisms, whole-body metabolism, and other behavioral, genetic or physiological states related to these processes.

This is a 12-month position paid by the College of Science and is dedicated solely to research. Job duties include the day-to-day operation of the laboratory, collaboration with Coscina and his students on current projects, generating and publishing original research findings, plus contributing to new and ongoing funding efforts, including the development of the RA's own line of funded research. This position carries an annual salary of $40,000 plus a good fringe benefits package and is renewable.

Interested applicants should send a cover letter describing their research interests and career goals, an up-to-date CV, copies of recent publications and arrange for three letters of reference to be sent to: Donald V. Coscina, Ph.D., Professor and Chair, Department of Psychology, Wayne State University, 71 West Warren Avenue, Detroit, MI 48202. Applications will be accepted until January 31, 1998 or until the position is filled. Interested applicants are encouraged to apply immediately. For information about the department and Don Coscina, visit http://www.science.wayne.edu/~psych/. WSU is an equal opportunity /affirmative action employer. Wayne State University - people working together to provide quality service. All buildings, structures and vehicles at WSU are smoke-free.

Postdoctoral Position

European Institute for the Chemical Senses, Dijon, France. Electrophysiological studies (whole animal and/or patch-clamp) of the sensory and hormonal control of sodium appetite. Specifically, we are interested in how steroid and peptide hormones affect neuronal activity in the brain of the intact animal and, hence, the appetitive and consummatory phases of sodium appetite, and the processes by which behavioral, pharmacological, and biochemical variables interact with a specific appetite for sodium. Experience with electrophysiology is desirable, but not essential. Contact: Dr. Simon Thornton, I.E.S.G.C.A. (European Institute for the Sciences of Taste and Ingestive Behaviours), 15 rue Hugues Picardet, 21000 Dijon, France. (E-mail: thornton@cit2.fr) or Dr. Ralph Norgren, Dept. Behavioral Science, College of Medicine, Pennsylvania State University, Hershey, PA 17033 USA. E-mail: rxr5@psu.edu. N.B. This position is open to US citizens or permanent residents only.

Postdoctoral Position

Electrophysiological and behavioral studies of how gustatory coding
changes as a function of motivational state and learning. Contact Dr. Ralph Norgren, Dept. Behavioral Science, College of Medicine, Pennsylvania State University, Hershey, PA 17033 USA. E-mail: rnx5@psu.edu.

Pre- and Postdoctoral Positions
The NSF-supported Center for the Integrative Study of Animal Behavior at Indiana University seeks outstanding candidates for training in animal behavior that combines approaches from biology, neuroscience, and psychology. Predoctoral candidates should apply by January 15th for Fall 1998. Postdoctoral candidates should apply by March 1st for Fall 1998. Inquiries to CISAB, 402 N. Park Ave., Indiana University, Bloomington, IN 47405 USA. Tel 812-855-9663; Fax 812-855-0411 or e-mail: lisummer@indiana.edu. Additional information via the Internet: http://www.cisab.indiana.edu/ Applications by minorities and women are encouraged. AA/EOE.

Postdoctoral Position
Postdoctoral position available immediately to participate in a NIDA-funded project on the mechanisms responsible for the development and retention of tolerance to stimulant drugs. Specifically, we are interested in how these drugs affect the appetitive and consummatory phases of feeding behavior and the processes by which behavioral (particularly instrumental learning) and pharmacological/biochemical variables interact to produce tolerance. A Ph.D. in behavioral pharmacology, behavioral neuroscience, or pharmacology and familiarity with behavioral methodology is required. Experience with in vivo microdialysis or molecular biological techniques is desirable, but not essential. Stipend is in accordance with NIH scales. Send letter of application, curriculum vitae, p/reprints, and the names of three references to David L. Wolgin, Dept. of Psychology, Florida Atlantic University, 777 Glades Road, Boca Raton, FL 33431 USA. Tel: 561-367-3360; Fax: 561-367-2160; e-mail: wolgindl@fau.edu.

Postdoctoral Position
Postdoctoral position in cellular neurophysiology, available immediately, to study in vitro the development of biophysical and pharmacological properties of brainstem neurons involved in motor behaviors associated with feeding. Knowledge of intracellular/patch clamp recording methods is desirable. US citizenship or permanent residency is required. Send vita and brief description of research interests via e-mail to either Jack Turman, Jr., USC Dept. of Biokinesiology and P.T., Los Angeles, CA 90033, e-mail: turman@hsc.usc.edu; or Scott H. Chandler, UCLA Dept. Physiological Science, Los Angeles, CA 90095, e-mail: schandler@physsci.ucla.edu. AA/EOE.

Post-Doctoral Fellowship
At least one position for a post-doctoral fellowship will be available at the National Institutes of Health-funded NY Obesity Research Center (ORC) at St. Luke’s/Roosevelt Hospital and Columbia University in June/July of 1998. The position entails working collaboratively with an interdisciplinary group of scientists. The ORC studies virtually all aspects of obesity ranging from molecular biology to epidemiology. Investigators include molecular biologists, geneticists, physicians, psychologists, statisticians, medical students, nutritionists, and engineers. Individuals with an M.D. or Ph.D. degree from any field are eligible. Women and individuals from traditionally disadvantaged groups are encouraged to apply, U.S. Citizenship or permanent resident status is required. Interested individuals should contact F. Xavier Pi-Sunyer, M.D., M.P.H., Obesity Research Center, St. Luke’s/Roosevelt Hospital Center - WH10, 1111 Amsterdam Avenue, New York, NY 10025. Fax: 212-523-3571. E-mail: FXP@columbia.edu

Get Info...
Subscribe to the APA Division 6 e-mailing list

You can subscribe to the DIV6 e-mail list for messages of concern to neuroscience, physiological and comparative psychology. Division 6 of the American Psychological Association (APA) offers a low volume e-mail service that primarily brings you notices of meetings, grant opportunities and science advocacy alerts collected for you from the alert services of APA, the American Psychological Society and the Society for Neuroscience. The list is a great way to stay informed about developments in these areas. Address your commands to listserv@lists.apa.org.

Here are some common commands to put alone as the body of the message:

SUBscribe div6 John Doe (Change John Doe to the name of new subscriber)
SIGNOFF div6 (To leave the list.)
REVview div6 (To see a list of subscribers.)
SET div6 DIGEST (To receive messages in digest form.)
SET div6 NODIGEST
SET div6 NOMAIL (To turn off mail from list.)
SET div6 MAIL (While remaining subscribed, turns mail back on.)

That is all you will ever need, but for more info visit http://listserv.apa.org

Bart Hoebel

January 1998

11
Calendar:

The Winter Conference on Brain Research (WCBR) will be held in Snowbird, UT, on January 24-31, 1998. This is an ideal meeting for neuroscientists who enjoy skiing. For information about the meeting, visit http://www.coned.ceps.uiuc.edu/ci/wcbrr or contact Bart Hoebel (email: hoebel@princeton.edu).

Ingestive behavior is a featured topic at the Eastern Psychological Association (EPA) meeting February 27–March 1, 1998 in Boston, MA. (See story on page 13.) The deadline for abstracts for the main meeting was October 13, 1997. For information, contact Gary M. Brosvic, EPA Executive Officer (tel 609-895-5437, fax 609-895-5782, e-mail epaxo@aol.com). Robin Kanarek is arranging a SSIB dinner on Friday February 27, 1998. See the call for 5-min talk titles enclosed with this issue.

The C.B. Pennington Nutrition, Genetics & Obesity Symposium will be held March 1–3, 1998 at the Pennington Biomedical Research Center in Baton Rouge, LA. The meeting features sessions on obesity, metabolic efficiency, detection of dietary and body fat, central effector systems, and body fat regulation. Registrants may submit abstracts for poster presentations, due February 1. For more information, contact the organizer Ben Phillips at 504-763-2599 or e-mail phillib@hms.pbrick.edu

The twelfth annual meeting of the Association for Chemoreception Sciences (AChemS) will be held April 22-26, 1998 at the Hyatt Hotel in Sarasota, FL. Highlights include: The Givauden-Roure lecture by Dr. Christine Petit of the CNRS (Paris) on molecular analysis of human genetic disorders and diseases, a special lecture by Dr. Gilles Laurent on odor encoding by dynamic and oscillating neural assemblies, a special lecture by Dr. Linda Bartoshuk on the psychophysics of taste and pain, a History of AChemS celebration lecture by Dr. Maxwell Mozell (founder of AChemS), an opening buffet dinner, a wine-tasting session, and the third annual smell vs taste softball game (taste leads series 2-0). Abstracts must be postmarked by January 9, 1998, and must include an AChemS member. They should be submitted to Dr. Gail Burd, Program Chairman, AChemS Central office, Panacea Associates, 744 duParc Circle, Tallahassee, FL 32312 USA. Registration forms for the meeting may be obtained from Panacea Associates at the address above, or by calling 904-531-0854 (phone/fax).

The British Feeding and Drinking Group will meet April 27 and 28, 1998, in Bradford, England. The meeting includes oral and poster presentations (new investigators are particularly welcome) and features a symposium on Animal Models of Eating Disorders. For more information: Jo Neill, tel 01274 384 677, e-mail j.c.neill@bradford.ac.uk.

The joint Annual meeting of the Association for the Study of Food and Society and the Agriculture, Food and Human Values Society will be held June 4–7, 1998 in San Francisco, CA. The meeting promotes multi-disciplinary discussion of food in a variety of social and cultural contexts. The abstract deadline is March 1. For additional information, contact Jacqueline M. Newman, FNES Dept., Queens College of CUNY, 65-30 Kissena Blvd., Flushing, NY 11367 USA. Tel: 718-997-4163, fax 718-997-4163, e-mail neuman@qc.cuny.edu.

The 7th annual International Behavioral Neuroscience Society conference will be held June 11-14, 1998 in Richmond, VA, USA. Events include a symposium on neurobehavioral mechanisms in the ontogeny of reward and a keynote address by Yutaka Oomura. For more information, visit www.utsa.edu/Academics/COSAE/LifeSciences/IBNS/ The abstract deadline is February 20. John Rosecrans is coordinating the meeting. Tel 804-828-1132, fax 804-828-2117, e-mail rosecrans@gems.vcu.edu.

The European Institute for Chemical Senses in Dijon, France will hold its first scientific conference July 1-3, 1998. See page 3 for the latest details.

The 1998 meeting of the Society for the Study of Ingestive Behavior will be held with the 12th International Conference on the Physiology of Food and Fluid Intake (ICPFFI), July 5-8, 1998 in Pécs, Hungary. Information will be sent to SSIB members soon (see page 3 of this issue). This is a fine opportunity for greater involvement of European members and a great way for non-Europeans to come in and enjoy Hungarian hospitality!
The 7th multidisciplinary Food Choice Conference (FCC-7) will be at the San Francisco Hilton during the International Congress of Applied Psychology (hosted by APA) on August 9-14, 1998. ICAP attracts thousands from around the world to hear reviews of 3- to 5-year programs of research. Among the areas that the ICAP Food Choice sessions will review are research into human or animal ingestive behavior which is relevant to health and/or to economic consumption, i.e. nutrition and the food industry. The Abstract submission deadline (May 1 1997) has passed. FCC-7 will also hold off-Program sessions on the day before or after the day(s) of the IAPFoN-sponsored Food Choice symposium and the ICAP Health-sponsored Food Choice posters session. Proposals for these sessions had a December 1 deadline. ICAP Registration and Hotel arrangements can be made via the Congress Office at the American Psychological Association, 750 First Street NE, Washington DC 20002, USA, fax +1-202-336-5956, e-mail ICAP@APA.org. For further information about Food Choice programming at ICAP contact the Food Choice Conferences series coordinator David Booth or his secretary Dorothy Trinder at the School of Psychology, University of Birmingham, Edgbaston, Birmingham B15 2TT, U.K. Tel 44 121 414 4938 direct, 4932 secretary. Fax 44 121 414 4897, e-mail D.A.Booth@Bham.ac.uk or Trinder0@Psycho1.Bham.ac.uk

Measuring Behavior '98, an international workshop on methods and techniques in behavioral research, will be held in Groningen, The Netherlands, on August 18-21, 1998. The workshop will integrate advanced behavioral research with physiological measurements. Examples include data analysis methods from ethology, and path analysis techniques, radiotelemetry, brain imaging, chip technology and biosensor techniques. To receive the second announcement, contact: Measuring Behavior '98, Workshop Secretariat, Attn: Rosan Nijkerk, P.O. Box 268, 6700 AG Wageningen, The Netherlands. Tel: +31(0)317-497677; fax: +31-(0)317-424496; e-mail: mb98@no1.dus.nl

The 8th International Congress on Obesity will take place in Paris, August 29-September 3, 1998. For more information, contact the organizer, Bernard Guy-Grand, at the Congress Office, 120, avenue Gambetta, F-75020 Paris, France. Tel (33) 1 43 64 77 77, fax (33) 1 40 31 01 65.

The Society for Neuroscience meets November 7-11, 1998 in Los Angeles, CA.

Meetings in 1999:

The 1999 SSIB independent meeting will be July 7-11 (Wed-Sun), 1999 at the Sheraton Sand Key resort, Clearwater Beach, FL. Neil Rowland (rowland@psych.ufl.edu) and Alan Spector (spector@psych.ufl.edu) are the organizers.

The first EuroSSIB meeting will be held August 16-20, 1999 at Trinity College in Dublin, Ireland. For more information and to register your interest, visit www.dur.ac.uk/~dps6jpd/esib.htm

Member News

Annie Morien has moved slightly north. Her new address is

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From the editor's desk

If you have not yet paid your dues for 1998, Do It Now! SSIB is a growing organization, and to support our increasing activities and new executive office expenses, dues for regular members have been raised to $40 (the student dues remain unchanged at $10).

The funds will also be used on the updated SSIB Directory for 1998. Please check your personal information carefully on the dues notice and update it as necessary. The keyword list has been revised, so be sure to select the ones that best describe your interests.

Unfortunately, if you are paying your dues late, you will not be included in the 1998 SSIB Directory, as that deadline has passed. However, unless you are more than 1 year in arrears, you can retain your SSIB membership by paying now. To request a new dues notice or check your status, send e-mail to SSIB@columbia.edu.

Many people have gotten new e-mail addresses since the last directory, and these are particularly valuable for quick communication. If yours has changed, you may also need to update your membership on the INGEST mailing list. Some members are listed multiply; if this is accidental, please sign off from the redundant accounts. (See instructions in "How to INGEST".)

Dr. Kissileff has found that many INGEST messages are "bounced" back. That means that the subscriber's address is somehow invalid, but he has no way of correcting the problem except to remove your address from the list. If you subscribed to INGEST but haven't been getting any mailings, please send e-mail to the SSIB address (SSIB@columbia.edu) so Dr. Kissileff's assistant can update the information.

Our president has a new e-mail address: jgibbs@med.cornell.edu. He welcomes your suggestions and comments.

Don't forget to send in your registration and accommodation materials for the upcoming ICPPFII/SSIB meeting in Hungary. It promises to be a great conference in a beautiful setting. The deadlines are fast approaching, so Do It Now!

Staying in Touch...

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